



PREM CHAND MARKANDA S.D. COLLEGE FOR WOMEN, JALANDHAR CITY

Re-accredited 'A+' grade (2nd Cycle) by NAAC Bangalore

A unique prestigious Post Graduate Institution of Northern India

DEPARTMENT OF DANCE:

TEACHING PLAN

(Session 2025-26)

Program Outcome: PO NO.	On completing B.A. as the Subject of Dance the student will be able to:
PO 1.	Classical dance kathak with its variations in practical with theory demonstration students learn about.
PO 2.	Contribution of Kathak legends, Various mudras, different types of Rasas, and relationship of dance with other arts forms.
PO 3.	Talas in practical as well as in theory taught to the students.
PO 4.	Students learn about different strem dance, Importance of Guru Shishya Parampara, basic techniques of other classical dance.
PO 5.	Students expertise dance not only as an amateur dancer but as a professional dancer in the field of classical and folk . With the strong base of classical, students easily grasp steps of foreign dances also and learn with ease.

Teaching Plan
Session – 2025-26
Even Semester
CLASS– B.A. Semester- 2nd

Course/Paper name – Dance Theory/ Practical

Teacher Name- Dr. SUGANDHI BHANDARI

TOPIC	DURATION	TEACHING TOOLS
Description and notation of the following Taals: Jhaptaal, Ektal, Dadra. Importance of Tal and Lehra in Kathak.	JANUARY	• Technology based Learning • Individual learning • Practical teaching
Asanyukta Hasta Mudras According to Abhinaya Darpan Essential Characteristics of Bharat Natyam and Manipuri Dance.	FEBRUARY	• Lecture-based Teaching Learning • Group teaching & Learning
Various aspects of kathak like head movement, drishti bhedas ,neck movements discussed with its practical aspects to the students. Practical Demonstration of Jhaptaal with its single dugun and chogun layakaries.	MARCH	• Lecture and practical based Teaching learning

Definition and explanation of the following Kavit, kasak masak, chakardar paran, bhav, paran. Discussion about the Advantages of Dance.	APRIL	• Group Teaching & Learning
University Examination	MAY	

COURSE OUTCOME

CO.1	Students will gain an understanding of depth of Kathak.
CO.2	Ability to know about various Classical dances.
CO.3	Ability to know about different Taals of Classical Dances. Students gets opportunity to learn folk dance also.
CO.4	Students gets opportunity to learn folk dance also.

Teaching Plan

Session – 2025-26

Even Semester

CLASS– B.A. Semester- 4th

Course/Paper name – Dance Theory/ Practical

Teacher Name- Dr. SUGANDHI BHANDARI.

TOPIC	TOPIC DURATION	TEACHING TOOLS
Description and notation of the following taal: Dhamar Description and notation of the following Tala: Roopak.	JANUARY	• Technology based learning • Individual learning • Practical Demonstration .
Detailed Study about Nritya, Natya and Nritya. Contribution of Kathak Legends: Birju Maharaj and Sunder Prasad ji.	FEBRUARY	• Individual leaning • Group Teaching and Learning • Practical Demonstration of Folk Dance.
Detailed knowledge about Bharamri and Utpalavan. Knowledge about the Folk Dance of Himachal Pradesh.	MARCH	• Lecture based Teaching and learning
Essays on :Dance and Religion, The Role of Dance in Indian Films.	APRIL	• Practical Teaching Learning • Group Teaching & Learning

Detailed knowledge of Odissi Dance. Study of Different Gharanas.		
University Examination	MAY	

OUTCOMES OF THE COURSE

CO.1	Students will learn about depth of various classical dances.
CO.2	Students will learn about the folk dance of different state.
CO.3	Students will also learn different taals other than teental.
CO.4	Students will know more about legends of dance.

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Teaching Plan

Session – 2025-26

Even Semester

CLASS– B.A. Semester- 6th

Course/Paper name – Dance Theory/ Practical

Teacher Name- Dr. SUGANDHI BHANDARI.

TOPIC	DURATION	TEACHING TOOLS
Importance of Thumri in Kathak. Describe the aspects of Abhinaya with its bhedas. Practical Demonstration of Teen tal	JANUARY	• Lecture based Teaching & Learning • Group teaching & learning
Detailed study about KUCHIPUDI Dance with its historical background. Difference between Indian and Western dances.	FEBRUARY	• Lecture based Teaching & Learning • Practical Knowledge about the topic.
Detailed description and notation : Pancham Sawari Detailed Knowledge about Guru Shishya Parampara.	MARCH	• Technology based learning • Individual learning
Knowledge about Nayak-Nayika Bhedas	APRIL	• Group Teaching & Learning • Practical Based learning.

Practical demo about folk dances of Haryana		
University Examination	MAY	• Lecture based Learning • Practical demonstration.

OUTCOMES OF THE COURSE

CO.1	Students will learn about the importance of thumri in kathak
CO.2	Students will learn about the importance of Guru shishya Parampara
CO.3	Ability to have a critical understanding of classical dance with a difference with folk dance
CO.4	Students will learn about the practical difference between western and Indian dances.