



**PREM CHAND MARKANDA SD COLLEGE FOR WOMEN,
JALANDHAR CITY**

Re-accredited 'A+' grade (2nd Cycle) by NAAC Bangalore

**A unique prestigious Post Graduate Institution of Northern
India**

**DEPARTMENT OF HISTORY: TEACHING PLAN
(Session 2025-26)**

Session-2025-2026

Class- B.A.

Semester- Sem-I

Faculty Name- Mrs.Kawajit Kaur

Subject- DRUG ABUSE

DURATION	TOPIC	TEACHING TOOLS
July-august	A Meaning of Drug Abuse:Meaning, Nature and Extent of Drug Abuse in India and Punjab. Consequences of Drug Abuse for:Individual Education, Employment, Income. Family :Violence.	Lecture based teaching learning (chalk and talk) Group discussion,

	Society :Crime. Nation :Law and Order problem.	
September	Management of Drug Abuse: Medical Management: Medication for treatment and to reduce withdrawal effects. Psychiatric Management: Counselling, Behavioral and Cognitive therapy. Social Management:Family,Group therapy and Environmental Intervention, Rehabilitation.	Lecture based teaching learning (chalk and talk) Group discussion,
October	Prevention of Drug abuse: Role of family: Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny. School: Counselling, Teacher as role-model. Parent-teacher-Health Professional Coordination, Random testing on students.	Lecture based teaching learning (chalk and talk) Group discussion, Self study (library visit)
November	Controlling Drug Abuse: Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program Legislation: NDPs act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling	Lecture based teaching learning (chalk and talk) Group discussion, Revision

December	of Drugs, Strict enforcement of laws, Time bound trials. University exam	
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Course Outcome.1	Students will be able to define drug abuse, differentiate between drug use, misuse, and addiction, and understand the psychological, physiological, and social impacts of drug abuse.
Course Outcome.2	Students will be able to identify various causes of drug abuse, including genetic, environmental, psychological, and societal factors, and recognize risk factors that contribute to substance use disorders.
Course Outcome.3	Students will be able to develop and evaluate strategies for preventing drug abuse, including school and community-based education programs, early intervention, and awareness campaigns.
Course Outcome.4	Students will gain an understanding of the various treatment options available for drug addiction, including counseling, therapy, rehabilitation programs, and support groups, and will be able to critically assess their effectiveness.
Course Outcome.5	Students will be able to analyze the personal, societal, and economic consequences of drug abuse, including its effects on individuals, families, communities, and public health systems.