



**PREM CHAND MARKANDA SD COLLEGE FOR WOMEN,
JALANDHAR CITY**

Re-accredited 'A+' grade (2nd Cycle) by NAAC Bangalore

A unique prestigious Post Graduate Institution of Northern India

**DEPARTMENT OF FASHION DESIGNING TEACHING PLAN
(Session 2025-26)**

Program: B.Sc. Fashion Designing

Program Outcome: PO No.	Upon Completion of the B.Sc. Fashion Designing Programme, the graduates will be able to:
PO.1	Students will develop a thorough understanding of design fundamentals, fashion illustration, sewing techniques, and garment construction to create aesthetically pleasing and functional designs.
PO.2	Graduates will foster creativity and innovation in designing, integrating traditional and contemporary design elements, including the use of digital tools like CAD.
PO.3	Students will gain proficiency in pattern making, sewing, draping, and knitting techniques, ensuring the ability to produce high-quality garments.
PO.4	Learners will acquire in-depth knowledge of fibers, fabrics, and leather, along with their properties and applications in fashion and textile industries.
PO.5	Learners will understand fashion marketing, industry operations, and digital marketing strategies, equipping them to manage brands and promote products effectively.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM I
SUBJECT: BASICS OF DESIGN AND ILLUSTRATION (THEORY)
Faculty Name: Dr. Jasleen Kaur

Topic	Duration	Teaching Tools
Introduction to art media and its application- different art media like pencils, pencil colours, crayons, poster colours, erasers, acrylic rendering and shading skills.	July	Class room learning, Demonstrations, skill-based learning
Elements of art and design -line, form, shape, space, size, textures and colour. Design -Definition and types	August	Class room learning, Demonstrations, skill-based learning
Principles of Fashion Principles of design-Harmony, Balance, Rhythm, Proportion, Emphasis	September	Class room learning, Demonstrations, skill-based learning
Fashion model drawing – Basic human proportion, body figures and shapes, sketching postures.	October	Class room learning, Demonstrations, skill-based learning
Colour - dimensions of colour, hue, value, and intensity. Colour wheel. Colour schemes- their importance and applications.	November	Class room learning, Demonstrations, skill-based learning
University Examination	December	

Course Outcome

Course/Paper name- Basics of Design and Illustration

CO.1	To help students to understand design fundamental, elements and principles of design.
CO.2	To enable students to gain knowledge of figure sketching and drawing.
CO.3	To understand the fashion design concepts, illustration techniques and colour theories.
CO.4	To help students to understand fashion illustrations, including shading and highlighting techniques.
CO.5	To enable students to gain knowledge of basic design elements including line, shape, color, texture, and space to create visually appealing compositions.

Teaching Plan
Session 2025-26
Odd Semester

CLASS: B.SC. FASHION DESIGNING SEM I
SUBJECT: BASICS OF DESIGN AND ILLUSTRATION (PRACTICAL)
Faculty Name: Ms. Dolly

TOPIC	DURATION	TEACHING TOOLS
Introduction to art media and its application. The basic drawing and rendering of equipment using, pencils, crayons, poster and acrylic colours etc.	July-August	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning
Introduction to basic sketching techniques. Colour-Preparation of colour wheel, grey scales, colour schemes and tints and shades. Figure stylization - Basic croquets, division of the body to make the 8 head figure, 10 head figure, 12 head figures, Fleshing out body.	September	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning
Body Details – Face, Features, hair Styles, Arms, Hands, Legs, Feet and Foot wear.	October	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning
Figure in motion - Geometrical blocks to make different postures, Segregate into postures as normal standing, walking, running and sitting and fleshing of croquis.	November	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning

Course outcome

CO.1	To enable students to gain knowledge of figure sketching and drawing.
CO.2	To understand the fashion design concepts.
CO.3	Students will learn basic colour theory concepts.
CO.4	Gain basic skills in representing different types of fabrics and textures in your illustrations.
CO.5	Learn different rendering techniques such as marker rendering, digital illustration.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM I
SUBJECT: BASICS OF SEWING – I (PRACTICAL)
Faculty Name: Mrs. Sunita Bhalla

Topic	Duration	Teaching Tools
- Introduction to different parts of sewing machine and their care and maintenance - Basic hand stitches	July	Group Discussion, Class Room learning, Demonstration, Activity based learning, Skill based Learning
- Seams and seam finishes - Fullness – Darts, tucks, pleats, gathers	August	Group Discussion, Class Room learning, Demonstration, Activity based learning
- Neckline Finishes - Plackets – continuous, two-piece placket, extended bodice trimmings	September	Group Discussion, Class Room learning, Demonstration, Activity based learning, Skill based Learning
Pockets – Patch, welt, inseam, bound, flap, kurta	October	Group Discussion, Class Room learning, Demonstration, Activity based learning, Skill based learning
University Examinations (Practical)	November/ December	

Course Outcome-

CO.1	To impart knowledge of machines and other basic sewing techniques used for Garment formation.
CO.2	Learn how to accurately measure the body for garment creation.
CO.3	Understand basic fabric properties and their suitability for different types of garments.
CO.4	Students will understand basic safety practices when using sewing machines and handling sewing tools to prevent accidents and injuries.
CO.5	Students will develop proficiency in using a sewing machine, including threading, stitching straight lines, curves, and corners, and troubleshooting common sewing machine issues

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM I
SUBJECT: CONCEPT OF FASHION
Faculty Name: Ms. Jyotsna Grover

TOPIC	DURATION	TEACHING TOOLS
- Fashion Terminology-Fashion, Style, Change, Fashion Cycle, Fad, Classic, Boutique, Croquie, Fashion Trends, Haute Couture, Designer, Pret-a-Porter and Silhouette. - Fashion Definition and its Importance.	July-August	Classroom Learning Assignments Group Discussion/ Debate Interactive Learning PPT visuals
- Fashion Forecasting- Long term and Short Term. - Origin and Evolution of Fashion	September	Timeline Charts/ mind maps PPT visuals Classroom Learning Assignments Group Discussion
- Principles of Fashion. - Factors affecting Fashion.	October	Classroom Learning Assignments Group Discussion Interactive Learning PPT visuals
- Difference between Fashion and anti-fashion. - Role of Social and psychological aspects of clothing	November	Group Discussion Interactive Learning Classroom Learning Assignments PPT visuals

Course outcome

CO.1	Understand the fashion terms and will be able to use key fashion terms.
CO.2	Appreciate fashion's role in expressing identity and societal changes.
CO.3	Apply forecasting knowledge to design and marketing.
CO.4	Analyze key events and movements shaping fashion trends.
CO.5	Understand the role of media, celebrity, and sustainability in shaping trends.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM I
SUBJECT: FIBER TO FABRIC
Faculty Name: Dr. Jasleen Kaur

Topic	Duration	Teaching Tools
- Textile Terminology– Fibre, yarn, elasticity, absorbency, resiliency, drapability, twist, blend, fabric - Introduction to textile fibres and their classification based on source and origin	July	Class room learning, Demonstrations, skill-based learning
- Manufacturing process and the properties of various natural cellulosic fibres– Cotton, and linen - Manufacturing process and the properties of various natural protein fibres– wool and silk Practical- Identification of Fibres	August	Class room learning, Demonstrations, skill-based learning
Manufacturing process and the properties of different fibres- Viscose rayon- Nylon Practical- Microscopic appearance, burning test and solubility test for different fibres	September	Class room learning, Demonstrations, skill-based learning
- Manufacturing process and the properties of different fibres- Lycra- Spandex - Types and uses of yarn– Simple yarn, fancy yarns, textured yarns Practical- Visual identification of spun, filaments, cords, cable and fancy yarns	October	Class room learning, Demonstrations, skill-based learning
- Yarn properties- yarn linear density, size, count, twist in yarn, twist direction, strength and uniformity - Introduction to spinning Practical- Collection of different types of yarns.	November	Class room learning, Demonstrations, skill-based learning
University Examination	December	

Course Outcome

Course/Paper name- Fibre to Fabric

CO.1	Students will to knowledge of fibre, sources of fibers, their definitions and properties.
CO.2	To provide students with knowledge of yarn science and yarn properties.
CO.3	Students will to learn about different types of fibers used in textiles, like cotton, wool, and synthetics.
CO.4	Students will gain an understanding of the various processes involved in preparing fibers for spinning, including cleaning, carding, combing, and blending.
CO.5	Students will to recognize various fabrics and understand how they are made.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM III
SUBJECT: COLOUR CONCEPT & COLOURATION
Faculty Name: Dr. Jasleen Kaur

Topic	Duration	Teaching Tools
Theory: Concept of colour and pigment theory Dimensions and harmonies of colour and their manipulation	July	Class room learning
Practical: Preparation of colour designs on paper for various textiles employing traditional and modern motifs. E.g.; folk designs, paisley designs, grape wine.		Demonstration, group teaching & learning, skill-based learning
Theory: Types of design and their application to textiles. Dyeing of fibres, yarns, fabric and decorative dyeing	August	Class room learning
Practical: Decorative dyeing (tie and dye, batik)		Demonstration, group teaching & learning, skill-based learning
Theory: Printing - Traditional and modern methods and styles.	September	Class room learning
Practical: Printing of fabrics by different methods and styles (block, stencils, screen).		Demonstration, group teaching & learning, skill-based learning
Theory: Finishes –basic, texturing and functional	October	Class room learning
Practical: Preparation of any three articles by using above techniques.		Skill based learning, individual learning
Practice Test	November	Assignment
Practical: Preparation of any two articles by using above techniques.		
University Examination	December	

Course Outcome

Course/Paper name- Colour Concept & Colouration

CO.1	Students will to knowledge of color and color schemes.
CO.2	To acquaint students with different types of printing and dyeing techniques.
CO.3	To enable students to develop practical skills of printing and dyeing techniques.
CO.4	Students will to explore the emotional and psychological effects of colors and how they influence design.
CO.5	Students will to understand various dyeing methods to apply color to fabrics, including immersion, tie-dye and printing.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM III
SUBJECT: FASHION DESIGN AND ILLUSTRATION
Faculty Name: Ms. Jyotsna Grover

TOPIC	DURATION	TEACHING TOOLS
- Sketching of various garment detail- collars, necklines, sleeves, cuffs. - Sketching of accessories for different age groups.	July-August	Classroom Learning Assignments Group Discussion Skill based Learning E-Learning
- Flat sketching of tops, skirts and trouser. - Variation of skirts with different panels- A-line, Four Gore, Six Gore, Eight Gore and semicircular.	September	Classroom Learning Assignments Group Discussion Skill based Learning E-Learning
- Rendering Texture of fabrics- Cotton, Wool, Net, Velvet, Leather, Satin, Silk, Corduroy, Fur - Silhouette- A Line, Funnel shaped, Circular, Straight, Rectangular, Hour Glass Garment shaping of fashion figures.	October	Classroom Learning Assignments Group Discussion Skill based Learning E-Learning
Garment draping on Fashion Figures.	November	Classroom Learning Assignments Group Discussion Skill based Learning E-Learning

Course outcome

CO.1	Develop skill in illustrating garment details accurately.
CO.2	Understand the role of accessories in completing a look.
CO.3	Understand garment construction through technical drawing.
CO.4	Develop skill in illustrating fabric textures realistically.
CO.5	Learn to illustrate draped garments on figures.

Teaching Plan
Session 2025-26
Odd Semester

CLASS: B.SC. FASHION DESIGNING SEM III

SUBJECT: PATTERN MAKING & GARMENT CONSTRUCTION (PRACTICAL)

Faculty Name: Ms. Dolly

TOPIC	DURATION	TEACHING TOOLS
Design development and style reading. • Dart manipulation using various principles of pattern alteration Basic foundation pattern	July-August	Class Room Learning/ Group Discussion/ Demonstration/ Assignments focusing on size variation exercises / Skill Based Learning/ Activity Based Learning
• Dart Manipulation, style lines and collars Eliminating Darts	September	Class Room Learning/ Group Discussion/ Demonstration/ Assignments focusing on size variation exercises / Skill Based Learning/ Activity Based Learning
• Preparation of commercial paper pattern of the garment designed. • Designing and construction of blouse, petticoat,	October	Class Room Learning/ Group Discussion/ Demonstration/ Assignments focusing on size variation exercises / Skill Based Learning/ Activity Based Learning
• Designing and construction of ladies shirt and salwar.	November	Class Room Learning/ Group Discussion/ Demonstration/ Assignments focusing on size variation exercises / Skill Based Learning/ Activity Based Learning

Course outcome

CO.1	To teach different aspects of pattern making and grading.
CO.2	To introduce the concept of pattern making.
CO.3	To impart knowledge of draping.
CO.4	Learn how to create custom-fit patterns for various Designing and construction like:- blouse, petticoat, ladies shirt and salwar.
CO.5	Learn how to Design development and style reading.

Teaching Plan
Session 2025-26
ODD SEMESTER
CLASS: B.SC. FASHION DESIGNING SEM III
SUBJECT: PATTERN MAKING AND GARMENT CONSTRUCTION (THEORY)
Faculty Name: Ms. Beenu

TOPIC	DURATION	TEACHING TOOLS
Basics of commercial paper pattern Pattern making making	July-August	Group discussion Class room learning E-learning Assignments
Pattern lay out Pattern alteration Dart manipulation	September	Group discussion Class room learning E-learning Assignments
Basic foundation pattern Eliminating dart	October	Group discussion Class room learning E-learning Assignments
Fabric preparation for garment construction Fabric estimation and its importance	November	Group discussion Class room learning E-learning Assignments

Course outcome

CO.1	To introduce concept of advanced garment construction
CO.2	To introduce the concept of garment making
CO.3	To impart knowledge of different garment components
CO.4	To introduce concept of draping in garment construction
CO.5	Understand the importance of checking for accuracy and consistency to ensure high quality finished garment

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM III
SUBJECT: NEEDLE CRAFT
Faculty Name: Ms. Beenu

TOPIC	DURATION	TEACHING TOOLS
Introduction of patchwork Introduction of Quilting Introduction of applique work	July-August	Group Discussion Class Room Learning Demonstration Activity based learning Skill based learning
Introduction of Crochet (tools, material. techniques and types) Making the samples of crochet (single, double, circular)	September	Group discussion Class room learning Demonstration Activity based learning
Introduction of embroidery (cut work, cross stitch, couching, glass work, drawn thread, ribbon work, beads and sequence work)	October	Group discussion Demonstrations Class room learning Experimental learning
Develop one product based on any one technique of needle craft	November	Group discussion Class room learning Activity based learning Skill based learning

Course outcome

CO.1	To enable students learn methods of surface ornamentation of fabric using different techniques to produce value added
CO.2	To enable the students to develop practical skills in needle craft techniques.
CO.3	Students will to get an introduction to basic Crochet techniques.
CO.4	Students will to learn how to embellish fabric using beads, sequins and other decorative elements
CO.5	Students will to familiarize with and effectively use basic sewing tools like needles, thimbles and embroidery hoops.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM V
SUBJECT: CAD
Faculty Name: Ms. Manpreet Kaur

Topic	Duration	Teaching Tools
• Introduction to Corel draw and Adobe Photoshop. • Design different outfits using themes Flora and Fauna with 2 designs	August	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Activity Based Learning/Skill Based Learning
• Traditional Fabric and embroidery with 2 designs • Festival / culture with 2 designs	September	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning/ Hands on Experience
• Beachwear with 2 designs	October	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning/ Hands on Experience/ Activity Based Learning
• Office wear with 2 designs	November	Assignments/ Skill Based Learning/ Hands on Experience/ Activity Based Learning

Course Outcome-

CO.1	Gain an understanding of various themes related to fashion.
CO.2	Learn to work effectively with other fashion professionals using digital design tools.
CO.3	Learn how to present fashion designs effectively using digital platforms, including creating digital mood boards and presentations.
CO.4	Learn to add color, texture, and fabric patterns to digital fashion illustrations.
CO.5	Gain awareness of how CAD technology is used in the fashion industry and potential career paths.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM V
SUBJECT: FASHION ILLUSTRATION AND APPRECIATION
Faculty Name: Ms. Manpreet Kaur

Topic	Duration	Teaching Tools
- Collage making on any 3 themes like culture, environment, historic period, monuments, embroidery, - traditional fabric etc.	August	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Activity Based Learning/Skill Based Learning
Taking inspiration from the above themes, illustrate garments on the croquis.	September	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning/ Hands on Experience
Illustrating 4-5 sheets of each theme along mood board, storyboard	October	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning/ Hands on Experience/ Activity Based Learning
According to Theme make a mood board, storyboard.	November	Assignments/ Skill Based Learning/ Hands on Experience/ Activity Based Learning

Course Outcome-

CO.1	Learn to Refine skills in capturing movement, expression, and gesture in fashion figures.
CO.2	Experiment with innovative approaches to fashion illustration inspired by modern trends.
CO.3	Build professional networks and relationships within the fashion industry to explore career opportunities and collaborations.
CO.4	Help to Prepare for career opportunities in fashion illustration, design, and related fields through portfolio refinement and presentation skills.
CO.5	Create a collection of your best fashion illustrations to showcase your skills and style.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM V
SUBJECT: DRAPING, PATTERN MAKING AND CONSTRUCTION
Faculty Name: Mrs. Sunita Bhalla

Topic	Duration	Teaching Tools
Construction of garments - Night Wear for Kid - Designing of Boy night suit, drafting, cutting, stitching and photoshoot	July /August	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning
Construction of garments - Night Wear for Adult - Designing of Ladies night suit, drafting, cutting, stitching and photo shoot	September	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning
Construction of garments - Ethnic wear - Designing Drafting, cutting, stitching and photoshoot	October	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning
Making a file and file presenting	November	Class Room Learning/ Group Discussion/ Demonstration/ Assignments/ Skill Based Learning
University Examinations	December	

Course Outcome

CO.1	Gain skills in handling and caring for various types of fabrics during draping, pattern making, and construction.
CO.2	Develop the ability to create flat patterns for various garment styles and sizes.
CO.3	Learn industry-standard construction methods for assembling garments accurately and efficiently.
CO.4	Understand how to manipulate fabric to achieve desired silhouettes and design elements.
CO.5	Learn to select appropriate fabrics for specific garment designs based on functionality, aesthetics, and performance.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.SC. FASHION DESIGNING SEM V
SUBJECT: LEATHER TECHNOLOGY (THEORY)
Faculty Name: Dr. Jasleen Kaur

Topic	Duration	Teaching Tools
• Introduction to Leather. • Origin & History of leather • Nature & Scope of Leather Industry.	July	Class room learning, group teaching learning, Interactive learning
• Manufacturing of leather • Classification of leather • Uses of Leather	August	Class room learning, group teaching learning, Interactive learning
• Properties of Leather • finishing of leather	September	Class room learning, group teaching learning, Interactive learning
• Environment Hazards of Leather Industry. • Advantages & Disadvantages of Leather manufacturing. • Sustainable approach towards leather manufacturing.	October	Class room learning, group teaching learning, Interactive learning
• Innovations in Leather Industry • Artificial Leather V/S Real Leather • Benefits of Vegan/Faux Leather	November	Class room learning, group teaching learning, Interactive learning
University Examination	December	

Course Outcome

CO.1	Explain the origin, history, and significance of leather as a material and its role in human civilization.
CO.2	Identify and classify different types of leather and describe their manufacturing processes and applications.
CO.3	Students will to Explore theoretical concepts related to industry trends, innovations in leather technology, and evolving consumer preferences.
CO.4	Assess the nature, scope, and future potential of the leather industry in relation to global trends and consumer demand.
CO.5	Evaluate the environmental hazards, advantages, and disadvantages associated with leather manufacturing.

