



**PREM CHAND MARKANDA SD COLLEGE FOR WOMEN,
JALANDHAR CITY**

Re-accredited 'A+' grade (2nd Cycle) by NAAC Bangalore

A unique prestigious Post Graduate Institution of Northern India

**DEPARTMENT OF B.A.B.ED. TEACHING PLAN
(Session 2025-26)**

Program: B.A.B.Ed. 4 Years Integrated

Program Outcome: PO No.	Upon Completion of the B.A.B.Ed. Programme, the graduates will be able to:
PO.1	
PO.2	
PO.3	
PO.4	
PO.5	

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: Yoga Education

Faculty Name: Mrs. Rachana Kumari Ralhan

TOPIC	DURATION	TEACHING TOOLS
Yoga: Historical and philosophical background, Meaning, importance.	July-August	Lecture cum Discussion Method
Concept and Health implications of: i) Hath yoga ii) Power yoga iii) Karma yoga MAJOR YOGIC TEXTS a). Nature of Chitta – Vritties, b). Concept of Vidya, Moksha and Happiness with respect to PatanjliYog	September	Kinesthetic Learning (Practical implementation of Yoga Poses) Group Learning and Inquiry based Learning
EDUCATION AND YOGA a) Education and Yoga - Promotion of intelligence, Self-ability and creativity through Yoga. STRESS AND YOGA a) Stress – Definition, Causes, Symptoms, Yogic management of stress related disorders – Anxiety, Depression and Suicidal tendencies.	October	Lecture cum Discussion Method Discussion Method and Problem Solving Learning
b) Importance of Meditation for improving	November	Kinesthetic Learning (Steps of

Concentration and memory among learners		Meditation) & Lecture Method
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Course outcome

CO.1	Knowledge of historical and philosophical background of Yoga.
CO.2	Manage stress through Yoga
CO.3	Correlate Yoga with Education

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: English (Compulsory)
Faculty Name: Mrs. Mamta Bajaj

TOPIC	DURATION	TEACHING TOOLS
Prose for young learners • A dialogue on democracy. • Universal declaration of human rights. • On Spendthrifts • Power of women English Grammar in use 4th edition by Raymond Murphy • Units 1-5 Prose for young	July-August	Lecture-based teaching, group teaching, and learning through problem-solving.

learners • Symptoms • The school for sympathy • My financial career • With a song on their lips English Grammar in use 4th edition by Raymond Murphy • Units 6-12, 38-48		
Prose for young learners • Beauty and the Beast • Aids English Grammar in use 4th edition by Raymond Murphy • Units 13-25	September	Lecture-based teaching, group teaching, and learning through problem-solving
English Grammar in use 4th edition by Raymond Murphy • Units 26-37 • Paragraph writing	October	Lecture-based teaching, group teaching, and learning through problem-solving.
Revision and Tests	November	Game Based Learning,

		Inquiry Based Learning and Individual Learning
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Course outcome

CO.1	To observe how stories convey ethical values and insights into human behaviour.
CO.2	To encourage imaginative exploration through the study of essays.
CO.3	To understand the proper use and placement of modifiers, including adjectives and adverbs, to enhance clarity and precision in writing.
CO.4	To emphasise clarity, coherence, and conciseness in conveying letter messages
CO.5	To learn and understand format of personal letters

Teaching Plan Session 2025-26 Odd Semester

CLASS: B.A.B.Ed. Sem I
SUBJECT: Punjabi (compulsory)
Faculty Name: Mrs. Akwinder Kaur

TOPIC	DURATION	TEACHING TOOLS
BwSweI vMngIAW, pMjwbI aupBwSwvW dy pCwx icMnH, BwSw Aqy aupBwSw AMqr- sMbMD do rMg (kivqw Bwg): pRsMg sihq ivAwiKAw, kivqvwW dw ivSw- vsqU, swr, kvI bwry jwxkwrI (1-5 kvI) Aqy pMjwbI BwSw dw AiDAwpn: pihI Aqy dUjI BwSw vjoN[	July-August	Classroom lecture, chalk & black board, examples from languages
pMjwb dy mhwn klwkwr: (AMimRqw	September	Text book reading, group discussion, seminar

Syriql qoN BweI smuMd isMG qk), ivSw vsqU, swr, nwiek ibMb[		
do rMg (kivqw Bwg): pRsMg sihq ivAwikAw, kivqvwW dw ivSw- vsqU, swr, kvI bwry jwxkwrI (5-10 kvI)[	October	Classroom lecture, group discussion, Chalk & black board,
ivAwkrn: pYrHw rcnw qy pYrHw pVH ky pRSnW dy au`qr, BwSw dw tkswlI rUp[	November	Class test, Classroom lecture

Course outcome

CO.1	puijwbl pusqk do rug iv~c mOj`d khwxIAW Aqy kivqvwW puijwbl siBAwcwr, smwj, nYiqk kdrW-kImqW, pruprwwW Aqy qjæribAW f pyS krdIAW hn jo ik ividAwrQIAW f puijwbl jlvn bwry iviBun p~KW qou AiDAYn krn lei idRStIkox pRdwn krdIAW hn [
CO.2	puijwb dy mhwn klwkwr pusqk iv~c drjæ v~K-v~K klw KyqrW iv~c pRbIn klwkwr ividAwrQIAW lei pRyrnw sroq bx ky auhnW f ik~qwmu~KI imhnq, lgn, idRVqw Aqy sPælw pRwpqI dy Xog bxwauNdy hn[
CO.3	ividAwrQI ivAwkrx Aqy v~K v~K BwSweI bwry jwxkwrI hwsI krky ivAwkrx p~KoN puijwbl BwSw f Su~D Aqy sp~St ilKx, bolx dy Xog bxdy hn[

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem I

SUBJECT: Basic Punjabi

Faculty Name: Mrs. Akwinder Kaur

TOPIC	DURATION	TEACHING TOOLS
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pYNqI A`KrI, A`Kr kRm, ibMdI vwly Sbd Aqy pYr ivc pYx vwly vrx Aqy mwqRwvW (mu`FII jwx pCwx) Sbd bxqr (mu`FII jwx pCwx): swDwrn, sMXukq Aqy imSrq Sbd, mUl Sbd, Agyqr, ipCyqr	July-August	Blackboard, Assignments, Oral recitation
in`q vrqoN dI pMjwbI SbdwvII : bwjwr, vpwr, irSqy-nwqy, KyqI Aqy hor DMidAw Awid nwl sMbMDq	September	Chalk and blackboard, Oral recitation
lgw^r hPqy dy s`q idnW dy nW, bwrHW mhlinAW dy nW, ru`qW dy nW,iek qoN so qk igxqI SbdW ivc[	October	Lecture based Teaching Individual Learning, oral recitation, test
AiBAws	November	Inquiry based Lecture, test

Course outcome

CO.1	ividAwrQIAW nUM gurmukI A`KrW dI pCwx hoeI[
CO.2	ividAwrQIAW nUM gurmukI vrxmwlv nMU kRm iv`c ilKxw AwieAw[
CO.3	ividAwrQIAW nUM in`q vrqoN dI pMjwbI SbdwvII ijvyN bwjwr, vpwr, irSqy-nwqy, KyqI Aqy hor DMidAw Awid nwl sMbMDq SbdwvII dw igAwn hoieAw [
CO.4	ividAwrQIAW nUM lgw mwqrw dI TIk vrqoN krnI AweI[

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: PHC

Faculty Name: Mrs. Renu Bala

TOPIC	DURATION	TEACHING TOOLS
Physical features of the Punjab and its impact on history. Sources of the ancient history of Punjab Harappan Civilization: Origin and extent Town planning; social, economic and religious life of the Indus Valley People	July-August	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
The Indo-Aryans: Original home and settlements in Punjab. Social, Religious and Economic life during <i>Rig</i> Vedic Age.	September	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
Social, Religious and Economic life during Later Vedic Age. Teachings and impact of Buddhism	October	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
Jainism in the Punjab	November	Lecture-based teaching, learning through problem-solving, Inquiry-based learning

Course outcome

CO.1	The students will learn to discover methods for approaching the sources and the historical analysis of ancient India.
CO.2	The students will understand the first urbanization of Ancient Punjab.
CO.3	They can see the evolution of social and political institutions in the Vedic society

CO.4	They will discover the Social, religious, and Economic life of the Later Vedic age.
CO.5	The students will analyze the emergence of new religions Jainism and Buddhism and their contribution to Indian History.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: Elective English
Faculty Name: Mrs. Abroo Sharma

TOPIC	DURATION	TEACHING TOOLS
Literary Terms- Ballad, Character, Comedy and Transcription of 8 words, Introduction & Act 1 of the text 'A Doll's House' Literary Terms- Conceit, Epic and Irony and Transcription of 8 words, Act II of the text 'A Doll's House', 1,2,3 Poems of Spots of Time	July-August	Lecture-Based Teaching, Group Teaching, and Learning through Problem- Solving.
Literary Terms- Plot, Paradox and Transcription of 9 words, Act III of the text 'A Doll's House', 5,6,7,8 Poems of Spots of Time	September	Lecture-Based Teaching, Group Teaching, and Learning through Problem- Solving.
9,10,11,12,14, 19, 20 Poems of Spots of Time	October	Lecture-Based Teaching, Group Teaching, and Learning through Problem- Solving.
Revision & Tests	November	Inquiry Based Learning and

		Self-study/ Individual Learning
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Course outcome

CO.1	By applying feminist literary theory, students will examine how "A Doll's House" challenges and reflects gender norms, contributing to a broader understanding of feminist perspectives in literature
CO.2	Students will achieve improved phonetic accuracy, demonstrating the ability to pronounce English sounds, vowels, and consonants correctly.
CO.3	The course aims to assist students in minimizing or modifying accents that may impede clear communication, allowing them to speak English more confidently in various contexts.
CO.4	Students will acquire a comprehensive understanding of key literary terms, literary devices, and rhetorical techniques.
CO.5	The course will encourage students to apply literary terms beyond literature, recognizing their relevance in related fields such as film studies, cultural analysis, and rhetoric.

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem I

SUBJECT: Elective Punjabi

Faculty Name: Mrs. Simarjit kaur

TOPIC	DURATION	TEACHING TOOLS
kwiv rMg : 1-12 kvI, kivqvwW dI pRsMg sihq ivAwikAw, ivSw vsqU, swr[BwrqI kwiv	July-August	Text book reading, Classroom lecture, group discussion

Swsqr :pirBwSw Aqy sMprdwvW ipMjr (nwvl) : lyKk dw jIvn qy rcnw (kMpoizSn lYker ivc)		
kwiv rMg: 13-22 kvI, kivqwvW dI pRsMg sihq ivAwikAw, ivSw vsq swrU[BwrqI kwiv Swsqr: DunI sMpRdwie, ipMjr (nwvl) : ibrqWqk jugqW, (kMpoizSn lYker ivc)	September	Text book reading, classroom lecture, group discussion, seminar
kwiv rMg:23-30 kvI, kivqwvW dI pRsMg sihq ivAwikAw, ivSw vsq swrU[BwrqI kwiv Swsqr: AlMkwr sMpRdwie Aqy rs sMpRdwie[ipMjr (nwvl): pwqr auswrI (kMpoizSn lYker ivc)	October	Classroom lecture, group discussion, Chalk & black board, text book reading
ArQ-ivigAwn: pirBwSw, sPot qy Apoh dw isDWq, ArQ AwDwirq Sbd vMngIAW, bhuArQk, ivroDwrQk Sbd[smwnwrQk Sbd,	November	Classroom lecture, group discussion, Chalk & black board, test

Anyk SbdW dI QW ie`k Sbd[duhrweI Aqy tYst[		
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Course outcome

CO.1	ividAwRQI pujwbI lok swihq, nwQ jogIAW dw swihq, gurmig kwiv, s`PI kwiv, ik~sw kwiv, bIr kwiv Aqy vwrqk dy ieighwsk Aqy siBAwcwrk ipCokV dy bwry ivsQwr sihq jwx` hoey Aqy dIlI Brp`r, qulnwqmk Aqy siQqIAW, GtnwvW dy hvwly nwl Awpxy ivcwr pRgt krn dy Xog hoey [
CO.2	ividAwRQI ArQ-ivigAwn: pirBwSw, sPot qy Apoh dw isDWq, ArQ AwDwirq Sbd vMngIAW, bhuArQk, ivroDwrQk Sbd[smwnwrQk Sbd, Anyk SbdW dI QW ie`k Sbd dI mh~qqw qoN ielwvW iehnW dI vrqoN ivDI f smJx dy Xog hoey[
CO.3	ividAwRQI BwrqI kwiv-Swsqr dy ArQW f smJx dy nwl-nwl DunI suprdwie, rs suprdwie, Alukwr suprdwie dI pirBwSw Aqy kivqw iv~c iehnW dI vrqoN f smJx dy Xog hoey[

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem I

SUBJECT: Elective Hindi

Faculty Name: Ms. Divakshi

TOPIC	DURATION	TEACHING TOOLS
पुस्तक काव्य कुंज में से भारतेंदु हरिश्चंद्र, जयशंकर प्रसाद का परिचय कविताओं की स्परसंग व्याख्या व सार, संज्ञा,	July-August	Explanation Lecture Based teaching learning Notes Given

सर्वनाम, परिभाषा एवम् भेद । पत्र लेखन: प्रार्थना पत्र एवम् पारिवारिक पत्र संलग्न परिभाषिक शब्दावली		
सूर्यकांत त्रिपाठी निराला मैथिलीशरण गुप्त हरिवंशराय बच्चन का परिचय तथा कविताओं की सप्रसंग व्याख्या व सार । विशेषण, क्रिया की परिभाषा व भेद । पत्रलेखन: निमंत्रण पत्र शैक्षिक पत्र पत्रलेखन: निमंत्रण पत्र शैक्षिक पत्र	September	Lecture Based teaching learning Individual Learning
अज्ञेय व सुभद्रा कुमारी चौहान की कविताओं की सप्रसंग व्याख्या , कविपरिचय, कविताओं के सार । अनुवाद: अर्थ, परिभाषा, विशेषताएं आत्म परिचय सिद्धांत एवम् व्यवहार सारे पाठ्यक्रम की दोहराई एवम् कक्षा परीक्षा।	October	Lecture Based teaching learning Notes Given Explanation Lecture Based teaching learning

Course outcome

CO.1	1. हिंदी की विभिन्न विधाओं का ज्ञान देकर भाषा एवम् साहित्य के प्रति जागरूक करना।
CO.2	2. हिंदी गद्य के माध्यम से साहित्यिक विकास एवम् क्रबद्ध विचार प्रणाली और भावाभिव्यंजन में दक्ष।

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: Computer Science
Faculty Name: Mrs.

TOPIC	DURATION	TEACHING TOOLS
	July-August	
	September	
	October	
	November	

Course outcome

CO.1	
CO.2	
CO.3	
CO.4	
CO.5	

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: Economics
Faculty Name: Mrs. Sandeep

TOPIC	DURATION	TEACHING TOOLS
Definition of Economics- Adam Smith, Marshall, Robbins, Nature and Scope of Microeconomics. Basic Economic Problems. Theory of Demand- Meaning of demand and its types, law of demand, price elasticity of demand and its measurement. Consumer's behavior- Utility approach: Brief outline of law of diminishing marginal utility and law of equi-marginal utility.	July-August	self- study, assignments, peer-teaching, seminars
Consumer's behavior- Indifference Curve Approach: Meaning, properties, price, income and substitution effect, Revealed Preference Approach. Theory of Production- Law of variable proportions and Law of returns to scale. Short and Long run cost curves, Traditional and Modern Theory of Costs. Revenue- Average revenue, Marginal revenue and Total revenue. Relationship between average revenue and marginal revenue and Elasticity of demand.	September	chalk & blackboard teaching, classroom discussion, assignments

Market Forms- Perfect Competition: Meaning, features, price and output determination of firm and industry under perfect competition. Monopoly- Meaning, features, price and output determination Under monopoly. Monopolistic Competition- Meaning, features, price and output determination under Monopolistic competition., Meaning, features, price and output determination Under Monopolistic competition. Factor Pricing- Marginal Productivity Theory and Modern Theory of Distribution. Rent- Ricardian Theory, Modern Theory of Rent.	October	discussions with suitable examples, seminars and power-presentations, quiz, hand-out of notes
• Interest- Concept of interest, classical theory, loanable funds theory Profit- Concept of profit, Risk and Uncertainty theories	November	Classroom discussions, news articles & hand-out of notes

Course outcome

CO.1	Understanding of firms' production and pricing decisions, how resources are allocated in a market economy, concept of profit maximization and cost minimization, efficiency and equity implications of resource allocation. Evaluation of market trends, demand and supply factors, and competitive forces affecting businesses.
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Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: History
Faculty Name: Mrs. Renu Bala

TOPIC	DURATION	TEACHING TOOLS
Meaning of the term 'Ancient', Literary sources Vedic literature, Epics and Puranas, Buddhist and Jain texts, Sangam literature; Accounts of Indians and foreigners; Archeological Sources; Coins, Inscriptions, and Monuments. The Indus Civilization: Origin; Harappa and Mohenjodaro; Political organization; Town—planning and architecture; Agriculture, technology; Trade contacts with the outside world; Religion; Script, Seals and Figurines, Causes of disintegration. The Indo Aryans: Original home; Geographical area known to Vedic texts; Social Institutions: Family, Varna and the Caste system, Religious ideas and rituals; Economy; Political Organization—Changes in the later Vedic period; Emergence of the republics and kingdoms;	July-August	Lecture-based teaching, learning through problem-solving, Inquiry-based learning

Growth of towns.		
Jainism and Buddhism: Social and political conditions; Doctrines of Jainism and sectarian development; Teachings of Gautam Buddha; The Sangha organization; Spread of Buddhism; its decline, Legacy of Buddhism and Jainism. The Age of the Mauryas: Establishment of the Mauryan Empire; Expansion of the empire; the Kalinga War; Polity and administration; Contacts with neighbouring states; Ashoka's Dhamma; Decline of the Mauryan Empire.	September	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
The Kushanas: Kanishka and his successors; Gandhara Art; Literature. The Gupta Age: Establishment of the Gupta Empire; its expansion under Samundragupta and Chandragupta-II; Administration; Revenue system; Trade and Commerce; Art and architecture; The Huna invasions and the decline of the Gupta Empire. The Age of the Vardhanas: Establishment of Vardhana	October	Lecture-based teaching, learning through problem-solving, Inquiry-based learning

kingdom; Harsha's campaigns and political relations; Sources of revenue; Patronage of religion, Literature and education.		
The Cholas: Establishment of the Chola power; Extent of the Chola empire; Administration; Economy; Trade, Art and Architecture religion and Philosophy	November	Lecture-based teaching, learning through problem-solving, Inquiry-based learning

Course outcome

CO.1	This course discusses the emergence of civilization, which establishes the foundation for history. There is the discussion of the Vedic Age, the Later Vedic Age, and later political events. It establishes a solid foundation for understanding Indian history. The Study town planning and architecture as a hallmark of early civilization.
CO.2	They will come to know the rise and establishment of the first Indian empire, Mauryan empire, and its great rulers like Chandragupta Maurya and Ashoka and their contributions to Mauryan Administration, Art, and Architecture
CO.3	The students will analyze the emergence of new religions Jainism and Buddhism and their contribution in Indian History.
CO.4	They will learn about the military strategies of war, art and culture of the Kushana and Gupta periods.
CO.5	The students will analyze the emergence of the Vardhana, and Chola empires and their art, economy, and literature.

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem I

SUBJECT: Political Science

Faculty Name: Mrs. Jaswinder Kaur

TOPIC	DURATION	TEACHING TOOLS
Political Science: Meaning,	July-August	Lecture based teaching learning

Nature, Scope, Traditional & Modern View. Relationship of Political Science with Economics, History, Sociology & Psychology		(chalk and talk) Assignment, Group Discussion , Class Tests
State Definition & Its Distinction from Government & Society. Theories of the Origin of State: Social Contract, Historical & Marxian Theory	September	Lecture based teaching learning (chalk and talk), Power point Presentation , Inquiry based Learning (Doubt session)
State: Marxian Perspective, Gandhian Perspective. Nature or State: Welfare State, Developmental State.	October	Lecture based teaching learning (chalk and talk), Assignment, Quiz , Inquiry based Learning , Class Tests
Sovereignty: Definition, Attributes and types Theories of Sovereignty: Monistic & Pluralistic Determinants of Political Participation, Types of Political Representation	November	Lecture based teaching learning (chalk and talk), Assignments, Peer teaching, Inquiry based Learning (Doubt session), Class Tests

Course outcome

CO.1	This paper aims to provide students a sound understanding of political science including various approaches , ideologies perspectives and relationship with other Social sciences.
CO.2	Acknowledging the importance of the state in the contemporary political discourse the students will be able to comprehend the function of the state in society and how rules and regulates the power.

CO.3	They will understand what power is and how it functions in society and politics .
CO.4	Learners would able to describe and comprehend the various key concepts of related to the discipline and develop their own understanding of politics

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem I
SUBJECT: Life Skills

Faculty Name: Mrs. Rachana Kumari Ralhan

TOPIC	DURATION	TEACHING TOOLS
INTRODUCTION TO LIFE SKILLS a) Life Skills for present and future – concept, need and significance w.r.t UNESCO	July-August	Lecture cum Discussion Method
The Four Pillars of Education (analyse various life skills and social skills with respect to Four Pillars of Education-review them in the context of success in life and future jobs perspectives w.r.t world economic forum	September	Group Learning and Inquiry based Learning
LIFE SKILLS IN EDUCATION a) Skill of Creative Thinking (For skill of creative thinking; Brain storming session on somer national/ international problems like Bi-lateral relations, sustainable development Goals , environment issues etc. will be conducted along with elaboration of	October	Discussion Method and Problem Solving Learning Discussion Method

steps of creative problem solving used by the teachers to orient the students and provoke them for creative expressionsa reflective report to be prepared). Skill of Decision Making (For skill of decision making; students will be doing group discussions and debates on current issues; situation analysis will be done to develop decision making skills-atleast three situation analysis will be carried out for report purposes).		
Skill of Stress Management (workshop on stress management like Yoga, Art of living, mediation etc. will be conducted- leading to writing of a reflective report)	November	Lecture cum Discussion Method

Course outcome

CO.1	Understand the concept and need of life skills in life.
CO.2	Correlate life skills with Success in life
CO.3	Develop the skill of creative thinking, decision making and problem-solving ability

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem III
SUBJECT: Understanding Education and its Perspectives

Faculty Name: Mrs. Rachana Kumari Ralhan

TOPIC	DURATION	TEACHING TOOLS
BASES OF EDUCATION 1. Education: Concept, Aims and functions, difference with related terms (Training, Instruction, Indoctrination and Teaching). 2. Types and Agencies of Education 3. Education as a discipline and its interdisciplinary nature.	July-August	Lecture Based teaching learning Lecture Based teaching learning Classroom Discussion
INDIAN AND WESTERN PERSPECTIVE OF EDUCATION a) Indian 1. Mahatma Gandhi 2. Swami Vivekananda 3. Jiddu Krishnamurthy; b) Western 1. Plato 2. John Dewey 3. Montessori	September	Lecture Based teaching learning Comparative Study Assignment Work Given
SOCIO-CULTURAL CONTEXT a) Education as an instrument of social change; Education in relation to Social Equity. b) Impact of Socio-cultural trends on the aims and organization of education. c) Relevance and role of education in meeting new challenges for the new disruptive world	October	Lecture Based teaching learning Example Based Classroom Discussion

(technology and social cultural changes)		
SOCIALIZATION AND SCHOOL a) School as a sub system of Society. b) Socialization: Concept and Process, Role of school and Family c) Social mobility and Social Stratification w.r.t Indian Constitutional Provisions	November	Lecture Based teaching learning Doubt Clearing Session

Course outcome

CO.1	Understand the interdisciplinary nature of Education
CO.2	Understand the role of different agencies in promoting socialization

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem III
SUBJECT: Gender, School & Society
Faculty Name: Mrs. Ritu Gill

TOPIC	DURATION	TEACHING TOOLS
Gender: Concept, Issues Concern in Term of equity and equality Constitution Provision on Gender Context Policies Interventions School Education in the context of Gender	July-August	Lecture Based Teacher Learning Learning Through Problem Solving Peer Teaching
Construct of Gender in National Policy Documents NCF 2005 NPE 1986, 1992 Gender Stereotypes	September	Group Discussion Lecture Based Teacher Learning Inquiry Based Learning

Breakings Under Gender Stereotypes		
Sensitization towards Gender Equalities Role of Family Role of Society Role of Education Sector Curricular activities Co-Curricular Activities for Minimizing Gender inequalities	October	Peer Teaching Lecture Based Teacher Learning
Initiatives of Government with Gender Issues Initiatives of Non-Government with Gender Issues Gender Movements	November	Group Discussion Peer Teaching

Course outcome

CO.1	Develop an insight into the different gender issues and concerns in the society
CO.2	Understand various Constitutional provisions related to gender
CO.3	Identify various efforts taken by different agencies to tackle gender issues in India
CO.4	Perform his/her role for minimizing gender inequalities in the society

Teaching Plan Session 2025-26 Odd Semester

CLASS: B.A.B.Ed. Sem III
SUBJECT: English (compulsory)
Faculty Name: Mrs. Mamta Bajaj

TOPIC	DURATION	TEACHING TOOLS
Raymond Murphy's English Grammar In Use Units- 98-120 Making Connections Unit-1(Global Health) Making Connections	July-August	Lecture-based teaching, group teaching, and learning through problem-solving.
Raymond Murphy's English Grammar In Use Units- 121-130	September	Lecture-based teaching, group teaching, and learning through problem-solving.

Units-137-140 Making Connections Unit 2 (Multicultural Societies) Unit -3 (Aspects of Languages)		
Raymond Murphy's English Grammar In Use Units- 131-136 Units-141-145 Making Connections Unit -4 (Sustaining Planet Earth) Essay Writing	October	Lecture-based teaching, group teaching, and learning through problem-solving.
Revision and Tests	November	Game Based Learning, Inquiry Based Learning and Individual Learning

Course outcome

CO.1	To develop skills in critically analyzing the content of "Making Connections" discussing the author's arguments, evidence, and the overall message of the book.
CO.2	To understand how proper grammar contributes to clarity, coherence and overall quality in written communication.
CO.3	To help students connect the concepts from the book to broader academic discourse.
CO.4	To encourage reflective thinking and influencing students' perspectives based on readings.
CO.5	To enhance communication skills through discussions and assignments related to the themes of the book.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem III
SUBJECT: Punjabi (compulsory)
Faculty Name: Mrs. Ritu Gill

TOPIC	DURATION	TEACHING TOOLS
pusqk-siBAwcwr Aqy pMjwbI siBAwcwr (1-4) ivSw-vsQU, swr, klw p`K pusqk – AwDuink pMjwbI iekWgI :  ivSw-vsQU, pwqr ic`qrn, rMg mMc dy p`KoN prK	July-August	Book reading, Lecture based Teaching & Learning Notes
pusqk-siBAwcwr Aqy pMjwbI siBAwcwr (5-8) ivSw-vsQU, swr, klw p`K	September	Book reading, Lecture based Teaching & Learning Notes
sMKyp rcnw: (pRYsI) id`qy pYrHy ivcoN ASu`D Sbd- joVW nMU Su~D krnw, mUl ivAwkrnk iekweIAW: pirBwSW Aqy vrgIkrn (BwvMS, Sbd, vwkMS, aup-vwk Aqy vwk)	October	Classroom lecture, chalk.& black board
islybs dI duhrweI Aqy tYst	November	Test, Group discussion, Seminar

Course outcome

CO.1	ividAwrQIAW nMU siBAwcwr Aqy pMjwbI siBAwcwr dy ieiqhws, iesqy pey bwhrI pRBwv, pMjwbI smwijk vrqwrw, siBAwcwrk
-------------	--

	ivl`Kxqw, AwriQk swDnW, nYiqk kdrW kImqW, pRMprwvW Agy klwvW bwry jwxkwrI pRwpq hoeI[
CO.2	pMjwbI nwtkkwrW, nwtk rcnwwW Agy nwtk klw bwry jwxkwrI hwsI hoeI[
CO.3	ividAwrQI Sbd, aupvwk, vwk dI ivAwkrixk bxqr qoN jwxU hoeyI
CO.4	ividAwrQIAW nMU drusq pMjwbI ilKx leI Sbd joVW dy iNnXmW bwry jwxkwrI pRwpq hoeI
CO.5	ik`qwkwrI pRqIXogI pRliKAwwW iv`c s&lqw leI ieh pwTkRm ividAwrQIAW leI shwiek hovygw

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem III
SUBJECT: PHC
Faculty Name: Dr. Renu Bala

TOPIC	DURATION	TEACHING TOOLS
Society and Culture of Punjab during the Turko-Afghan rule. The Punjab under the Mughals. Bhakti movement and its impact on the Society of Punjab	July-August	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
Sufism in Punjab with special reference to Baba Farid. Guru Nanak-Life and travels. Teachings of Guru Nanak, Concepts of Sangat, Pangat and dharmas.	September	Lecture-based teaching, learning through problem-solving, Inquiry-based learning

Compilation of Adi Granth.		
Contribution of Guru Angad Dev, Guru Amar Das and Guru Ram Das. Compilation of Adi Granth	October	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
Martyrdom of Guru Arjun Dev.	November	Lecture-based teaching, learning through problem-solving, Inquiry-based learning

Course outcome

CO.1	Students will learn about the social and cultural life of Punjab.
CO.2	They will come to know about the Punjab under Mughal rule.
CO.3	The students will analyze the emergence of Bhakti Movement and Sufism in India.
CO.4	The students may explore the development of Sikh philosophy, the formation of Sikh institutions, and the impact of Guru Nanak's teachings on society.
CO.5	The students will analyze the development of Sikhism under Sikh Gurus.

Teaching Plan Session 2025-26 Odd Semester

**CLASS: B.A.B.Ed. Sem III
SUBJECT: Elective English**

Faculty Name: Mrs. Abroo Sharma & Dr. Indu Tyagi

TOPIC	DURATION	TEACHING TOOLS
Introduction to 'Animal Farm', 1,2,3,5 Poems of 'Fresh Showers' Chapters 1,2, 3, 4 of 'Animal Farm', Unit 1	July-August	Lecture-Based Teaching, Group Teaching, and Learning through Problem- Solving.

of New Directions, 4,6,7,8,9 Poems of 'Fresh Showers'		
Chapters 5,6,7,8 of 'Animal Farm', Unit 2 of New Directions, 10,11,12,13 Poems of 'Fresh Shower.	September	Lecture-Based Teaching, Group Teaching, and Learning through Problem- Solving.
Chapters 9,10 of 'Animal Farm', Unit 3 of New Directions, Transcription of words	October	Lecture-Based Teaching, Group Teaching, and Learning through Problem- Solving.
Revision & Tests	November	Inquiry Based Learning and Self-study/ Individual Learning

Course outcome

CO.1	Students learn to develop the ability to analyze and interpret poetic language, form, and structure using literary devices, imagery, and symbolism to convey meaning.
CO.2	Poetry exposes students to a variety of voices, perspectives, and literary traditions, fostering an appreciation for the diversity of human expression.
CO.3	Recognizing and understanding the allegorical nature of the novel "Animal Farm" and its parallels to historical events, particularly the Russian Revolution and the early years of Soviet Russia.
CO.4	Students explore how Orwell uses animals and the farm setting to convey political and social commentary.
CO.5	Analyzing the characters in "Animal Farm" to understand their roles, motivations, and symbolic significance.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem III
SUBJECT: Elective Punjabi
Faculty Name: Mrs. Akwinder Kaur

TOPIC	DURATION	TEACHING TOOLS
nwQ bwxI (pRsug sihq ivAwiKAw) vwr pirBwsæw , pRikrqI Aqy q~q Bgq bwxI 01-07 (pRsug sihq ivAwiKAw) swihq Awlocnw nwl sµbµiDq m"l sµklp : ibµb, pRqIk, pwqr auswrI Aqy tYst, pµjwbI khwxI dI sæwhrwh (ivsæw vsq",swr Aqy pwqr icqrn) Compo	July-August	Text book reading, classroom lecture, group discussion, Chalk & black board,
gurbwxI (1-3) gur" (pRsug sihq ivAwiKAw) 8 qoN 13 Bgq bwxI (pRsug sihq ivAwiKAw) m"l sµklp:buxqI qy bxqr,kQw qy kQwnk, r"p qy vsq", pµjwbI khwxI dI sæwhrwh (ivsæw vsq",swr Aqy pwqr icqrn) Compo	September	Text book reading, classroom lecture, group discussion, Chalk & black board,

duhrweI Aqy tYst		
gurbwxI (4-7) gur" (pRspg sihq ivAwikAw) ik~sw, kwPæI Aqy jugnwmw (pirBwsæw, pRikrqI Aqy q~q) pµjwbI khwxI dI sæwhrwh (ivsæw vsq~,swr Aqy pwqr icqrn) Compo	October	Text book reading, classroom lecture, group discussion, Chalk & black board,
Anukrx Aqy ivrycx duhrweI Aqy tYst	November	Classroom lecture, group discussion, seminar

Course outcome

CO.1	ividAwrQI pMjwbI swihq dy v`K v`K dOrW dy ieiqhws dw igAwn pRwpq kr dy hn[swihq dy AiDAYn duAwrrw ididAwrQI smwijk, AwriQk Aqy rwjnliqk sm`isAwvW dw h`l k`Fdy hn[
CO.2	ividAwrQI swihq dy rUp khwxI rwhIN smwijk drpyS muSiklW nUM smJdy Aqy mulWkx kr dy hn[
CO.3	swihq dy rUpW dI jwxkwrI hwsI krky ididAwrQI nYiqk kdrW kImqW dy DwrxI bxdy hn[

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem III

SUBJECT: Elective Hindi

Faculty Name: Mrs. Divanshi

TOPIC	DURATION	TEACHING TOOLS
काव्य चिंतन में से श्री गुरु नानक देव जी , रहीम व बिहारी का काव्य परिचय, सप्रसंग व्याख्या आलोचनात्मक प्रश्न करवाए जाएंगे।	July-August	Explanation Lecture Based teaching learning

आदिकाल का नामकरण आदिकाल की परिस्थितियां छः अलंकारों की परिभाषा लक्षण व उदाहरण करवाए जाएंगे।		
गिरिधर कविराय , कबीर, घनानंद का परिचय व्याख्या, आलोचनात्मक प्रश्न करवाए जायेंगे। आदिकाल की विशेषताएं , स्वर व्यंजन, परिभाषा व अभ्यास करवाया जाएगा।	September	Lecture Based teaching learning Individual Learning
सूरदास, तुलसीदास का परिचय, व्याख्या व आलोचनात्मक प्रश्न, सिद्ध रासो साहित्य: परिचय और विशेषताएं, संधि एवम संधि विच्छेद । सारे पाठ्यक्रम की दोहराई एवम कक्षा परीक्षा।	October	Lecture Based teaching learning Notes Given Explanation Lecture Based teaching learning
Revision	November	Class Test

Course outcome

CO.1	पद्य द्वारा काव्य की रसानुभूति एवम आनंदानुभूति कराना।
CO.2	हिंदी साहित्य के विभिन्न काल, लेखकों एवम शैलियों का ज्ञान

Teaching Plan Session 2025-26

Odd Semester
CLASS: B.A.B.Ed. Sem III
SUBJECT: Math
Faculty Name: Mrs. Shweta Mahajan

TOPIC	DURATION	TEACHING TOOLS
Differential equation of first order and first degree, Linear differential equation reducible to Linear Bernoulli's equation Ordinary differential equation of first order. Exact differential equations. Necessary and sufficient conditions for $Mdx + Ndy$ to be Exact, integrating factors by inspections, special rules to find integrating factors with proof. First order and higher degree equations, equations solvable for y, x, p, equations not containing x, equations not containing y, Clairaut's equation and equations reducible to Clairaut's form.	July-August	Learning through previous knowledge Group teaching, and learning through problem-solving. Expeditionary Learning Learning through flipped classroom.
Singular solution, p-discriminant, c-discriminant, illustrations of singular solutions, Geometrical meaning of a complete solution of the differential equations, General solution of homogeneous equation of second order, Orthogonal trajectories of cartesian and polar curve, Homogeneous	September	Learning through Problem solving, analytical learning

differential equations, Linear differential equations with constant coefficients		
Variation of Parameters method, Reduction of order. Linear differential equations with variable coefficients, Define Cauchy's linear equations, Legendre's Linear equation. Power Series, convergence of power series, Radius of convergence, Power Series solution about an ordinary point, solutions about singular points, Frobenius method when roots of indicial equations differ by non-integers, and when roots are equal.	October	Learning through handout notes and presentations.
System of ordinary simultaneous equations,	November	Learning through flipped classroom

Course outcome

CO.1	At the end of the Semester, the students will be able to identify the type of a given differential equation and select and apply the appropriate analytical technique for finding the solution.
CO.2	Students will be able to apply various techniques to solve first-order and higher-order linear ODEs
CO.3	Students will be able to use methods like variation of parameters and reduction of order.
CO.4	Students will be able to solve systems of linear DE's with constant coefficients and with variable coefficients.
CO.5	Students will be able to solve ordinary simultaneous equations.

Teaching Plan
Session 2025-26
Odd Semester

SUBJECT: - Differential Equations Laboratory

Faculty Name: Mrs. Shveta Mahajan

TOPIC	DURATION	TEACHING TOOLS
Plotting solution of first order differential equation. Solve the first-order differential equation $\frac{dy}{dx} = ay$, numerically using Runge-Kutta method.	July-August	Hands on practice using MATLAB software
Solve the second-order differential equation $\frac{d^2y}{dx^2} = ay$, numerically using Runge-Kutta method. Plotting of solution of family of second order differential equation.	September	Hands on practice using MATLAB software
Solution of system of ordinary differential equations, numerically using Runge-Kutta method.	October	Hands on practice using MATLAB software
Numerical solution of the nonlinear simple pendulum equation.	November	Hands on practice using MATLAB software

Course Outcomes:

At the end of the Semester, Students are able to solve and plot the graphs of problems related to differential equations using MATLAB software.

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem III

SUBJECT: Computer Science

Faculty Name: Mrs.

TOPIC	DURATION	TEACHING TOOLS
	July-August	

	September	
	October	
	November	

Course outcome

CO.1	
CO.2	
CO.3	
CO.4	
CO.5	

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem III
SUBJECT: Economics
Faculty Name: Ms. Umar Fatima

TOPIC	DURATION	TEACHING TOOLS
Nature of Indian Economy, Agriculture in India: Nature and Importance of Agriculture, Causes of	July-August	Assignments, seminars, peer teaching

Decline in Productivity, Sustainable Agricultural Growth. Green Revolution and New Agricultural Strategy, WTO and Indian Agriculture (Introductory).		
Industry: Performance and Problems of Industrial Development, Public Sector versus Private Sector, Role of Privatization, Role of Small and Cottage Industries. Latest Industrial Policy.	September	hand-out notes, classroom discussions, news articles
Foreign Trade: Direction and Composition of Exports and Imports Since 1991, Recent Foreign Trade Policy, Balance of Payment Problem. Foreign Capital and Multinational Corporations in India. Features of Population Growth in India, Major Problems of the Economy – Inflation.	October	Debate & discussion with real life examples, news articles
Unemployment, Poverty and Inequality, Current Indian Tax Structure. Planning- Objectives, Strategy, Evaluation of Planning in India. A Brief Idea of Objectives, Targets, Resources of the Latest Five-Year Plan (Twelfth Five Year Plan). Role and Functions of Niti Ayog	November	Classroom discussions, power-point presentations, quiz

Course outcome

CO.1	Understanding about various sectors of the Indian economy, sector specific policies & Indian tax structure. Developing ability to critically evaluate performance of the Indian economy during five-year plans.
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Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed.

SUBJECT: History

Faculty Name: Mrs. Kawaljit Kaur

TOPIC	DURATION	TEACHING TOOLS
Foundation of British Rule: Advent of the British; Battles of Plassey and Buxar, Clive and Warren Hastings; Subsidiary Alliance Policy, Doctrine of Lapse. The Uprising of 1857: Causes, Spread of the Uprisings, Nature and aftermath. Economic Changes: Agriculture, British commercial policies and the impact on the trade balance; Destruction of indigenous industries; the growth of modern industry; The drain theory.	July-August	Inquiry-based learning
Growth of Education and Political Organization: New education; Rise of the middle classes; Socio Religious Movements :	September	Inquiry-based learning, Classroom Deiscussion

Brahmo Samaj, Arya Samaj, Rama Krishana Mission, Prarthna Samaj, Theosophical Society, Aligarh Movement. Early Political Associations and Emergence of Revolutionary Terrorism: Early Political Association and Indian National Congress; Swadeshi Movement, Partition of Bengal and its impact; Revolutionary Terrorism in Bengal, Maharashtra and the Punjab, Impact on the National Movement.		Kinesthetic learning, Peer teaching.
The Phase of Non-Cooperation: Emergence of Gandhi; The Jallianwala Bagh Massacre and its impact; Khilafat agitation; the Non-cooperation Movement; Withdrawal and impact; the Swarajists; The Simon Commission; The Phase of Civil Disobedience. The programme and the course of the Civil Disobedience Movement, the Round Table Conferences; Communal Award; Poona-pact; and Withdrawal of Civil Disobedience Movement. Constitutional Development: The Minto-Morley Reforms of 1909,	October	Inquiry-based learning

The Act of 1919 and Dyarchy; Government of India Act, 1935 and Provincial Autonomy.		
Towards Partition and Independence: Growth of communal politics; Lahore resolution, Cripps proposals; Quit India Movement; the INA Trials; Cabinet Mission and towards Independence.	November	Inquiry-based learning Use Of Previous Knowledge of Students

Course outcome

CO.1	The students will discover the advent of Europeans and their administration and how the British Company became the ultimate power in India.
CO.2	The students will comprehend how and why Indian history's first liberation fight begins.
CO.3	They will discover how significant a role socio-religious movements have in Indian history.
CO.4	They will be able to learn about the founding of the Indian National Congress, notable figures from its early years, and how many movements have contributed to our freedom.
CO.5	They will acquire knowledge about the Indian partition and its aftermath, as well as highlight the contribution of Mahatma Gandhi toward the freedom movement

**Teaching Plan
Session 2025-26
Odd Semester**

**CLASS: B.A.B.Ed. Sem III
SUBJECT: Political Science**

Faculty Name: Mrs. Jaswinder Kaur

TOPIC	DURATION	TEACHING TOOLS
Historical Development of Indian Constitution.	July-August	Lecture based Teaching Learning (chalk and talk) ,

Basic Features of Indian Constitution. Preamble & Its Importance. Nature of Indian Federalism & Centre State Relations.		Inquiry based Learning (Doubt session) Assignments, Class Tests
Fundamental Rights, Features, Kinds & Evaluation. Fundamental Duties. Directive Principles of the State policy.	September	Lecture based Teaching Learning (chalk and talk), Group Teaching & Learning Class Tests , Quiz Technology based Learning(PPT)
Parliament, Composition, Powers & Role. President: Election, Powers & Positions. Indian Cabinet & Prime Minister: Election, Power, Position & Changing Role. Supreme Court & High Court: Composition, Power & Role	October	Lecture based Teaching Learning (chalk and talk), Peer Teaching (Teams Competition), Class Test, Quiz Assignments,
Governor: Appointment, Powers & Role. State Legislature: Composition, Powers & Role. Council of Ministers & Chief Ministers: Election, Powers, Position & Role.	November	Lecture based Teaching Learning (chalk and talk) Group Teaching & Learning , Inquiry based Learning (Doubt session), Class Tests, Assignments,

Course outcome

CO.1	Outlining the basic values and philosophy of Indian Constitution as expressed in the Preamble
CO.2	Studying Fundamental rights, duties and Directive Principles of State policy.
CO.3	Examining Indian federalism through Centre –State relationship.
CO.4	Evaluating the structures of government at the national level and at the state level .

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: Understanding Learner and the Learning Environment
Faculty Name: Ms. Charul Mehrta

TOPIC	DURATION	TEACHING TOOLS
Section- A 1.Psychology & educational psychology: meaning, nature and scope.Concept of growth and development,difference. 2.role of nutrition, siblings,peers in growth and development of a child. 3.Development during adolescence stage.	July -August	Lecture based teaching learning (chalk and talk) Quizes Any other (assignment) Group discussion
Section-B 1.Piaget's cognitive development theory 2. Sternberg's information	September	Lecture based teaching learning (chalk and talk) Group discussion Any other (Paper presentation)

processing theory 3. Gardener's multiple intelligences Section-C Individual differences - concept, types, Factors influencing individual differences Sessional work -practical file on intelligence tests.		Kinesthetic learning(used psychological tools)
Section-C 1.Facilitating holistic development of learner: motivation, collaborative, self regulated-Learning and self - efficacy, Role of teacher in different learning environment settings 2.Humanistic and Psycho-social approaches- Kohlberg's moral development, Roger's Social - constructivism, Erickson's psycho-social development. Case study of an adolescent learner	October	Lecture based teaching learning (chalk and talk) Self study (library visit) Group discussion Kinesthetic learning(used psychological tools)
Section-D 1.Dealing with social	November	Lecture based teaching learning (chalk and talk)

problems- child abuse, depression, social media addiction. 2.Learning Disabilities: Meaning and concept and Types of Learning Disabilities in children and adolescents 3.Dealing with adjustment problems, defence mechanisms, stress management, self concept (superiority or inferiority) 4. Role of Parents in Education as Partners		Group discussion Individual learning
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Course outcome

CO.1	Understand the growth and development of the learner and its importance in the learning process
CO.2	Understand characteristics of adolescents with reference to socio-cultural factors
CO.3	Analyse the different learning approaches and their educational implications
CO.4	Understand the role of teacher in holistic development of learner and learning and importance of learner
CO.5	Understand the psychology of learners with special needs and teach them accordingly

Teaching Plan
Session 2025-26
Odd Semester

CLASS: B.A.B.Ed. Sem V

SUBJECT: Educational Technology and ICT for Teaching and Learning

Faculty Name: Mrs. Ritu Gill

TOPIC	DURATION	TEACHING TOOLS
Teaching Concept, Functions, Variables. Maxims of Teaching	July-August	Lecture Based Teacher Learning Learning Through Problem Solving

Principles of Teaching Teaching Learning Process Nature and Implications Relationship Between Teaching and Learning		Peer Teaching
Education Technology Concept, Importance Types, Role of Education Emergence and Evolution of Education Technology and ICT Teaching Technology Instructional Technology Behavioral Technology	September	Comparative Learning Lecture Based Teacher Learning
Models of Teaching: Concept, Features, Implications in Classroom Advance Organizer Model Inquiry Training Model Inductive Thinking Model Team Teaching: Concept, Implications of Team Teaching Flander's Interaction Analysis	October	Group Discussion Lecture Based Teacher Learning Expeditionary Learning Peer Teaching
ICT Concept, Objectives, Role in Teaching Learning Context Challenges and Barriers to integration of ICT in Indian School Emergence of New Education Technology E-Learning, Mobile Learning Audio- Visual Conferencing, Web Based Learning	November	Technology Based Learning Group teaching & Learning

Course outcome

CO.1	Understand the concept and scope of Educational Technology
CO.2	Explore the modern innovations in teaching and learning process
CO.3	Analyze the anatomy of teaching and learning
CO.4	Become an ICT Skilled Teacher
CO.5	Reflect upon the evolution of Educational Technology

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: Inclusive Education
Faculty Name: Ms. Shobha

TOPIC	DURATION	TEACHING TOOLS
SECTION–A INTRODUCTION TO INCLUSIVE EDUCATION 1.Inclusive Education: Concept and importance 2. Principles and scope 3. Difference between Special, Integrated and Inclusive education.	July-August	Lecture Based teaching learning
SECTION–B a) Schemes and provisions for inclusive education (National and International)	September	Lecture Based teaching learning
b) Creating inclusive environment- physical, social and emotional (Barrier free environment)		Demonstration
SECTION–C INCLUSIVE CLASSROOM PRACTICES a) Meaning, Characteristics, Identification and Intervention strategies in		Classroom Discussion

Inclusive Classroom setting for the students with diverse needs: 1. Cognitive – A. Gifted B. Creative C. Slow learners D. Mentally retarded. ii. Psychomotor A. Physically challenged B. Hearing impaired C. Visually impaired. iii. Social Disadvantaged Groups		
SECTION–D Inclusive Education 1. Role of teachers, parents and other community members for supporting inclusion of children with diverse needs. 2. School readiness (infrastructural including technologies, pedagogical and attitudinal) for addressing the diverse needs of children with disabilities	October	Classroom Discussion Peer Teaching Assignment Given
Revision and Class Test	November	(Doubt Clearing Session)

Course outcome

CO.1	Understand the concept and nature of inclusive education.
CO.2	Develop awareness towards diverse needs of special students

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: Punjabi (compulsory)
Faculty Name: Mrs. Ritu Gill

TOPIC	DURATION	TEACHING TOOLS
coxvIAW pMjwbI khwxIAW: 1-5 khwxIAW (ivSw vsqU, khwxI klw, swr) ivAwkrn : pMjwbI DunI ivauNq, pYrHw rcnw	July-August	Text book reading, classroom lecture, group discussion, seminar Classroom lecture, Chalk & black board, use of examples from gurmukhi lipi
piv`qr pwpI (nwvl): lyKk jIvn qy rcnw, ivSw vsqU, pwqr icqrn	September	Text book reading, classroom lecture, group discussion, seminar
coxvIAW pMjwbI khwxIAW: 6-10 khwxIAW (ivSw vsqU, khwxI klw, swr)	October	Text book reading, classroom lecture, group discussion, seminar
ivAwkrn : vwkwqmk jugqW: myl qy AiDkwr, kwrk qy kwrkI sMbMD, srl AMgryzI pYrHy dw pMjwbI Anuvwd[	November	Classroom lecture, Chalk & black board, use of examples from gurmukhi lipi, test

Course outcome

CO.1	‘piv`qr pwpI’ nwvl bMdy dIAW AMqrIv ibrqIAW nwl sMbMiDq nwvl hY[ ies nwvl nUM pVHidAW ividAwrQI mnu`KI mnosiQqI dy iviMBMn p`KW Agy smwijk irSqw nwqw pRxwI, AwriQk mMdhwlI kwrn pYdw huMdy mwnisk dvMdW nUM smJx dw Xqn krygw[ieh nwvl ividAwrQIAW dI smwijk XQwrQ nUM jwxn leI ivAwpk smJ pYdw krn ivc Xogdwn pwauNdw hY[
CO.2	‘coxvIAW pMjwbI khwxIAW’ pusqk dIAW khwxIAW v`K-v`K iviSAW, sm`isAwvW, v`K-v`K BweIcwry dIAW kdrW-kImqW, prMprwvW Agy lyKk jIvn dy AnuBvW dw pRgtwvw krdy hoey ividAwrQIAW dI sUJ Agy igAwn ivc vwDw krdIAW hn[
CO.3	ividAwrQI nwvl Agy khwxI swihqk ivDw dy klwqmk p`KW bwry ivsQwrpUrvk jwx pwauNdy hn[
CO.4	ividAwrQI pwT-kRm dy mwiDAm rwhIN pMjwbI BwSw dIAW DunIAW, svrW Agy ivAMjnw dw shI aucwrn krn dw AiBAws krdy hoey DunIAW, svrW dy aucwrn lihzy ivc vDyry spStqw Agy pirpkqw pRwpq krdy hn[
CO.5	ividAwrQI Anuvwd pRikirAw nUM smJdy hoey AMgryzI BwSw qoN pMjwbI BwSw ivc Anuvwd krnw is`Kdy hn[

**Teaching Plan
Session 2025-26
Odd Semester**

**CLASS: B.A.B.Ed. Sem V
SUBJECT: Elective English
Faculty Name: Mrs. Gurjit Kaur**

TOPIC	DURATION	TEACHING TOOLS
Chapter I- Section- I of Background and Introduction and Act I of ‘A Raisin in the Sun’ Introduction and Act 1 of ‘Arms and the Man’, Act II of ‘A Raisin in	July-August	Lecture-Based Teaching, Group Teaching, and Learning through Problem-Solving.

the Sun' and Chapter III-Section II of Background		
Act II of 'Arms and the Man', Act III of 'A Raisin in the Sun', Chapter II -Section-I, Chapters I and II from Section II of Background	September	Lecture-Based Teaching, Group Teaching, and Learning through Problem-Solving.
Chapters I & II from Section -III, Act III of 'Arms and the Man' and Revision	October	Lecture-Based Teaching, Group Teaching, and Learning through Problem-Solving.
Revision Tests	November	Game Based Learning, Inquiry Based Learning and Self-study/ Individual Learning

Course outcome

CO.1	To explore and understand the racial and social dynamics depicted in the play 'A Raisin in the Sun', including the challenges faced by African American families in the mid-20th century.
CO.2	To discuss the play's exploration of social injustice and systemic racism and the response of characters navigating these challenges.
CO.3	To explore the use of satire and comedy in 'Arms and the Man' depicting romantic notions of war and heroism.
CO.4	To study Shaw's use of language and dialogue, including wit and humor to convey complex ideas and engage the audience.
CO.5	To develop an understanding of the historical contexts that

	influenced the development of English literature studying major literary periods, movements, and cultural shifts.
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Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: Elective Punjabi
Faculty Name: Mrs. Ritu Gill

TOPIC	DURATION	TEACHING TOOLS
Swihq Aqy siBAwcwr CMd dw ArQ Aqy pirBwSw dohrw CMd swihq Awlocnw swihq dy q`q swihq Aqy smwj swihq Aqy S^sIAq kibq CMd sorTw CMd korVw CMd coOpeI CMd isrKMfI CMd dv`eIAw CMd	July-August	Lecture Based Teacher Learning Learning Through Problem Solving Peer Teaching
SromxI pMjwbI kwiv: ik`sw kwiv (pRsMg sihq ivAwIKAw) bIr kwiv (pRsMg sihq ivAwIKAw) sUPI kwiv (pRsMg sihq ivAwIKAw)	September	Group Discussion Lecture Based Teacher Learning Inquiry Based Learning
lok rMg swr, ivSw-vsQU, ivhwirk AiDAYn	October	Text book reading, Peer Teaching Lecture Based Teacher Learning

Revision and Class Test	November	Test

Course outcome

CO.1	‘SRomxI pMjwbI kwiv’ pusqk rwhIN ividAwRQI pMjwbI swihq isrxw dy ieiqhws ivc Aihm Xogdwn pwaux vwly sUPI kwiv, bIr kwiv, ik`sw kwiv dy kvIAW bwry Aqy aunHW dIAW kivqvwW dy rwhIN aunHW dI ivcwrDwrw bwry vI jwx pwauNdy hn[
CO.2	‘lok rMg’ ivcly lok gIqW Aqy lok khwxIAW rwhIN ividAwRQI lok gIqW Aqy lok khwxIAW dw ivDwgq AiDAYn Aqy ivhwirk AiDAYn ivc shwiek mh`qvpUrn nukiqAW nUM smJ skxgy[
CO.3	ividAwRQI v`K-v`K kwivk vMngIAW dI isrxw vyly kivqw nUM vDyry pRBwvSwII rUp pRDwn krn vwly CMdW dI bxqr Aqy vrqoN dy inXmW bwry ivAwpk smJ pRwpq krdy hn[
CO.4	swihqk ivDwvW pRqI isDWqk jwxkwrI Aqy swihq dy hornW AnuSwsnW nwl AMqr sMbMD ividAwRQIAW dI bOiDkqw nUM iq`Kx krdI hY[
CO.5	pwTkRm dw audyS pMjwbI swihq bwry ividAwRQIAW nUM igAwn muh`eIAw krwky pMjwbI swihq bwry gMBIr ivcwr crewvW krn dy Xog bxwauNdw hY[

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem V

SUBJECT: Elective Hindi

Faculty Name: Ms. Divakshi

TOPIC	DURATION	TEACHING TOOLS
कृति रश्मिरथी (रामधारी सिंह दिनकर)	July-August	Explanation Lecture Based teaching learning

रामाधारी सिंह दिनकर का सामान्य परिचय एवं निर्धारित पुस्तक रश्मिरथी से सम्बन्धित प्रश्न।	September	Lecture Based teaching learning Notes Given
काव्य की परिभाषा, तत्व, प्रकार कामकाजी हिन्दी के प्रमुख कार्य: प्रारूपण, संक्षेपण, टिप्पण: परिभाषा एवं विधि विशेष, पदनाम शब्दावली (संलग्न)	October	Lecture Based teaching learning Individual Learning
रीतिकाल एवं आधुनिक काल, नामकरण, परिस्थितियां, विशेषताएं एवं काव्यधारकों का केवल संक्षिप्त परिचय। 2. वसंततिलका, भुजंगप्रयात, वंशस्थ, मालिनी, इन्द्रवज्रा, दोहा, चौपाई, कवित्त, सोरठा, गीतिका। सारे पाठ्यक्रम की दोहराई एवम कक्षा परीक्षा।	November	Lecture Based teaching learning Notes Given Explanation Lecture Based teaching learning

Course outcome

CO.1	पद्य द्वारा काव्य की रसानुभूति एवम आनंदानुभूति कराना।
CO.2	हिंदी व्याकरण की भरपूर जानकारी देना।

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A. B.Ed. Sem V
SUBJECT: Dynamics
Faculty Name: Mrs. Shveta Mahajan.

TOPIC	DURATION	TEACHING TOOLS
Rectilinear motion in a straight line with uniform acceleration, Newton's laws of motion, Motion of two particles connected by a string, Motion along a smooth inclined plane, Variable acceleration, Simple Harmonic Motion.	July-August	Participative learning using practical examples from real life
Curvilinear motion of particle in a plane, Definition of velocity and acceleration, projectiles, Oscillations: Free Vibrations, Simple Pendulum, Conical Pendulum	September	Group teaching, and learning through problem-solving. Expeditionary Learning
Work, Power and Energy: Kinetic and Potential energy, Conservative forces. Theorem of conservation of energy.	October	Participative learning using practical examples from real life
Work done against gravity	November	Participative learning through quiz and assignments

Course Outcomes:

CO.1	At the end of the Semester, Students are able to explain the relationship between forces and motion. Understand Newton's Laws of Motion and Apply the laws to solve many problems.
CO.2	Students are able to discuss the motion of particles connected by a string, motion along a smooth inclined plane.
CO.3	Students are able to solve different types of problems with Variable Acceleration.
CO.4	Students are able to discuss Simple Harmonic Motion and Illustrate it with a variety of examples.
CO.5	Students are able to solve Pendulum, Damped and forced Oscillations oscillating system problems.
CO.6	Students are able to define Work, Power and Energy and Explain their relationship. Use measurement tools to apply the concepts of Work and power to solve real life problems.

**Teaching Plan
Session 2025-26**

Odd Semester

CLASS: B.A. B.Ed. Sem V

SUBJECT: Number Theory

Faculty Name: Mrs. Sonia Sharma.

TOPIC	DURATION	TEACHING TOOLS
Preliminaries: Proof by induction, Binomial Theorem. Divisibility in Integers: Basic Definitions and Properties, The division Algorithm, GCD, The Euclidean Algorithm, LCM, Existence and determination of solution to the linear Diophantine equation $ax + by = c$, primes-definition & Properties, the fundamental theorem of Arithmetic..	July-August	Group teaching, and learning using previous knowledge, Participative learning using quiz and assignments
Number-theoretic functions: the greatest integer function, Euler's Phi-function, Sum & number of divisors functions, function & the Inversion formula.	September	Group teaching, and learning using previous knowledge, Expeditionary Learning Group teaching, and learning using

Congruences-definition and properties, linear congruences, existence & solution of the linear congruence, , Complete and reduces residue systems, Chinese remainder theorem.		previous knowledge,
Fermat's theorem, Euler's theorem, Pseudoprimes Wilson;s theorem. Application to Cryptography-Factorization methods due to Fermat	October	Expeditionary Learning and participative learning through quiz
RSA.	November	Participative learning usings examples from real life

Course Outcomes:

CO.1	At the end of the Semester, Students are able to prove results involving divisibility and greatest common divisors.
CO.2	Students are able to solve system of linear congruences and find solutions of specified linear Diophantine equation.
CO.3	Students are able to apply Fermat's ,Euler's and Wilson's theorem to prove relation involving prime numbers.
CO.4	Students are able to understand and apply properties of phi functions in real world problems.
CO.5	Students are able to understand application of important arithmetic functions

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: Economics
Faculty Name: Mrs.

TOPIC	DURATION	TEACHING TOOLS
• Unemployment- Meaning & Types of Unemployment, Problems of Unemployment,	July-August	Assignments & seminars, Peer teaching, Class room lecture and discussion, news articles

Disguised Unemployment • Under-development- Nature of Underdevelopment, Characteristics of Under developed Countries, Economic & Non-Economic factors • Economic Development- Meaning of Economic Development, Economic Development Vs. Economic Growth, Measurements of Development, National and Per Capita Income Method, Occupational Pattern, Economic Welfare and Comparative Method, Physical Quality of Life Index, Human Development Index Sustainable development- Meaning and Concept, Growth Vs. Development Vs. Sustainable Development		
• Capital Formation- Meaning & Sources of Capital, Choice of Technique – Labour Intensive & Capital-intensive Technique • Export Promotion & Import Substitution- Meaning of Export Promotion & Import Substitution, Arguments in favor & against Export Promotion, Arguments in favor & against Import Promotion Dualism- Social Dualism, Technical Dualism, Lewis	September	Peer teaching, lecture-based classroom teaching with suitable examples

Model of Unlimited supply of labour		
• Rostow's Stage Theory- Stage of The Traditional Society, Pre –Conditions for Take-off Stage, The Take- off Stage, The Drive to Maturity stage, The Age of High Mass Consumption • Strategies of Economic Development- Theory of Balanced Growth, Theory of Unbalanced Growth, Balanced Vs. Unbalanced Growth, Libenstein's Critical Minimum Efforts Thesis Models of Growth- The Classical Model of Growth, Marxian Model, Schumpeter's Unstable Growth Model	October	Debate, chalk and blackboard, Quiz
Models of Growth- Harrod –Domer Model, Solow's Growth Model	November	Classroom lecture & discussion

Course outcome

CO.1	Understanding of development theories, interpretation of economic indicators, application of fundamental economic concepts, critical understanding of the role of government intervention, development policies, programs, and projects, knowledge of environmental and social dimensions of economic development, awareness of the role of human capital, technology and innovation in driving economic development.
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Subject- Quantitative Techniques V (Only in B.A./B.A./B.Sc. (Economics))

Faculty name- Dr. Divya Budhia Gupta

Topic	Month	Teaching Tools
• Statistical Inference- Point & Interval Estimation,	August	Class room

Properties of a Good Estimator • Maximum likelihood method of estimation- Concept of Maximum Likelihood Method, Applications for Binomial, Poisson and Normal Distributions • Sampling distributions- Derivation of properties of Chi Square Distribution		lecture and discussion with suitable examples, Chalk & blackboard teaching
• Sampling distributions- Derivation of properties of Z Distribution, T distribution & F- distribution • Hypothesis testing- Basic Concepts of Null and Alternative Hypotheses, Types of Errors and Power of Test, One Tailed and Two Tailed Tests, Acceptance Region and Critical Region • Test of Significance- Applications of Z- test	September	Assignments & seminars, Peer teaching, lecture-based classroom teaching, Chalk & blackboard teaching
• Test of Significance- T-test, F-test, Chi Square • ANOVA- Introduction and Assumptions, Techniques of Analyzing Variance, Analysis of Variance of one-way and two-way classification	October	chalk and blackboard teaching, classroom lecture with examples, Quiz
• Revision test	November	

Course Outcome-

Development of problem-solving skills/ decision-making skills, proficiency in inferential statistics, ability to evaluate quantitative research studies, to apply quantitative techniques in various fields and communicate quantitative findings effectively.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: Computer Science
Faculty Name: Mrs.

TOPIC	DURATION	TEACHING TOOLS
	July-August	

	September	
	October	
	November	

Course outcome

CO.1	
CO.2	
CO.3	
CO.4	
CO.5	

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: History
Faculty Name: Mrs. Kawaljit Kaur

TOPIC	DURATION	TEACHING TOOLS
Emergence of the Modern World: Renaissance and	July-August	Lecture-based teaching,

reformation; Causes, effects of Renaissance in Europe; Martin Luther's Protestantism. French Revolution: Causes; National Assembly; National Convention, Napoleon's rise to Power, Continental System, Downfall of Napoleon, Vienna Settlement		learning through problem-solving, Inquiry-based learning
Nationalism in Europe: Rise of Imperialism; Industrial Revolution; Unification of Italy and Germany. The World War-I: Causes and Impact of the war, Treaty of Versailles; League of Nations. Russian Revolution: February Revolution, October Revolution; New Economic Policy.	September	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
Rise of China and Japan: The revolution of 1911; Rise of Communism in China; the Revolution of 1949; Opening up of Japan; Meiji restoration and the Modernization of Japan. Rise of USA as World Power: Entry in the First World War; Great Economic Depression of 1929; New Deal of Roosevelt.	October	Lecture-based teaching, learning through problem-solving, Inquiry-based learning

Towards World War II and its Aftermath: Fascism in Italy; Nazism in Germany; Causes and Impact of the World War II; the UNO; the Cold War.	November	Lecture-based teaching, learning through problem-solving, Inquiry-based learning
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Course outcome

CO.1	They will discover how the European Renaissance emerged following the collapse of feudal society and how European society transitioned from feudalism to capitalism.
CO.2	In addition to this, it includes topics on the American Revolution and the French Revolution of 1789 which is a part of the competitive examinations.
CO.3	The period covered in this paper includes topics like Industrial Revolution, which had its economic and social impact on the transformation of European society.
CO.4	They can understand the significance of the world that existed between the two World Wars.
CO.5	They can figure out how the United States and the Soviet Union participated in the Cold War.

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem V

SUBJECT: Political Science

Faculty Name: Mrs. Jaswinder Kaur

TOPIC	DURATION	TEACHING TOOLS
Meaning & Scope of Comparative Government & Politics. Various Approaches to Comparative Politics.	July-August	Lecture based Teaching Learning (chalk and talk) , Group Teaching & Learning , Inquiry based Learning (Doubt

Topic System Approach: David Easton & Powell.		session), Class Tests
Features of British Political System. Features of US Political System. Executive in US: President, Powers, Position & Role. Executive in UK: Monarchy, PM, Powers, Position & Role.	September	Lecture based Teaching Learning (chalk and talk) Peer Teaching Assignments, Class Tests, PPT
Legislature in the US & UK: Functioning & Changing Role. Political Parties & Pressure Groups in US & UK.	October	Lecture based Teaching Learning (chalk and talk) Assignments, Group Discussion Inquiry based Learning (Doubt session), Class Tests
Judicial System in USA & UK: Judicial Review in USA & Rule of Law in UK. Federal features of the Political System of US. Unitary Features of the UK's Political System.	November	Lecture based Teaching Learning (chalk and talk) Peer Teaching (Teams Competition), Inquiry based Learning (Doubt session) Class Tests

Course outcome

CO.1	The objective of this course is to familiarize students with the main elements of the constitutions of U.S ,and U.K so that they may critically evaluate the functioning of government institutions within the context of constitutionality .
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CO.2	The study of federal structure of the US government and the UK shall give them an understanding of how different governments are organized .
CO.3	They will be able to analyze, synthesize and evaluate various good and bad practices associated with them.
CO.4	After studying the constitution of US and UK comprehensively ,they will be able to answer question pertaining to the function and role of the President ,Prime minister , Parliament , and the courts in the constitutional design of US and UK.

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem V
SUBJECT: Developing ICT Competencies
Faculty Name: Mrs. Inderjit Kaur

TOPIC	DURATION	TEACHING TOOLS
	July-August	
	September	
	October	
	November	

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Course outcome

CO.1	
CO.2	
CO.3	
CO.4	
CO.5	

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem VII
SUBJECT: Understanding the Learning Process
Faculty Name: Ms. Charul Gupta

TOPIC	DURATION	TEACHING TOOLS
Section- A 1.Learning- Concept, Process and Factors affecting Learning Types of Learning- Cognitive, Affective and Psychomotor 2. Transfer of learning, its types, theories and educational implications	July -August	Lecture based teaching learning (chalk and talk) Group discussion
Section-B 1.Process of learning from different theoretical viewpoints: Behavioural view point - Pavlov, Skinner, ii. Cognitive view point- Piaget 2.Humanistic view point- Karl Rogers, Maslow 3.Gestalt Theories of Learning (Kohler and Kaffka) Kofka 4.Gagne's Hierarchy Theory of	September	Lecture based teaching learning (chalk and talk) Group discussion Any other (Paper presentation) Kinesthetic learning (used psychological tools)

Learning Sessional work -practical : Positive transfer of learning		
Section-C 1.Learning Styles: Meaning and concept; Implications for classroom learning 2.Learning as construction of knowledge as different from learning as Transmission and reception of knowledge. 3.Kohlberg's moral development, Roger's Social - constructivism, 4.Erickson's psycho-social development. 5.Constructivism (Bruner and Vygotsky) Practical – Test of creativity. Memory.	October	Lecture based teaching learning (chalk and talk) Any other (Paper presentation) Kinesthetic learning(used psychological tools) Peer teaching
Section-D 1.Memory and Forgetting- Concept.Theories and factors affecting of Memory and Forgetting 2.Creativity: Concept; Concept Mapping and Mind Mapping, Brain Storming 3. Concept Formation: Concept, types and steps; Thinking:	November	Group discussion Self study (library visit)

Imagination, problem solving		
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Course outcome

CO.1	Understand the concept of learning and Learning theories and apply it in day to day life.
CO.2	Understand various Cognitive and affective mental processes and learning
CO.3	Understand the role of a teacher in holistic perspective of learner and learning
CO.4	Construct knowledge for Learning
CO.5	Understand various Learning styles and apply it for Classroom learning.

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem VII

SUBJECT: Foundations of Curriculum Development

Faculty Name: Mrs. Rachana Kumari Rahlan

TOPIC	DURATION	TEACHING TOOLS
CONCEPT OF CURRICULUM AND DEVELOPMENT a) Meaning and Concept of Curriculum, Objectives and Components of Curriculum. b) Bases and Determinants of Curriculum: i) Philosophical ii) Psychological iii) Sociological iv) Ideological.	July-August	Lecture cum Discussion Method
c) Current Issues and Trends in Curriculum Organization and Development; NCF-2005. TYPES AND APPROACHES a) Types: Subject centred or	September	Discussion Method and Problem Solving Learning

Traditional Curriculum, Activity Centred Curriculum, Experience Centred Curriculum, Undifferentiated Curriculum, Basic Education Curriculum.		
b) Approaches: Humanistic Curriculum: Characteristics, Purpose, Role of the Teacher, Psychological basis of Humanistic Curriculum. c) Social Reconstructionist Curriculum: Characteristics, Purpose, Role of the Teacher in Reconstructionist Curriculum.	October	Discussion Method
MODELS OF CURRICULUM DEVELOPMENT a) Models: Hilda Taba 1962 model, Need assessment model, b) Vocational/Training model (With special reference to analysis of needs, selection of objectives, selection and organisation of content/learning experiences and evaluation). c) Steps in Curriculum Development: - Assessment of need with respect to individual and environment - Designing a curriculum - Situational	November	Discussion Method and Problem Solving Learning Group Learning and Inquiry based Learning

Analysis • Selection of content and method • Designing a collaborative curriculum • Validation and Implementation • Evaluation CURRICULUM DESIGN: PATTERN AND MODELS a) Curriculum Design: Concept, Steps and patterns (centralised, decentralised, coordinated) b) Models of Curriculum design- Objective model, Process Model, Tyler Model, Wheeler Model, Kerr's Model		
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Course outcome

CO.1	Understand the concept of curriculum and development
CO.2	Develop a broad perspective on curriculum development
CO.3	Understand various models and steps in curriculum development
CO.4	Understand the different models and patterns of curriculum design

Teaching Plan

Session 2025-26

Odd Semester

CLASS: B.A.B.Ed. Sem VII

SUBJECT: Assessment of Learning

Faculty Name: Mrs. Rachana Kumari Rahlan

TOPIC	DURATION	TEACHING TOOLS
SECTION-A OVERVIEW OF ASSESSMENT Meaning of Assessment,	July-August	Lecture Based teaching learning Lecture Based teaching learning & Demonstration

Distinction between Assessment of learning and Assessment for learning. Types of Assessment based upon Purpose, Scope, Attribute, Mode of response, Nature of interpretation, Context		
SECTION-B TOOLS OF ASSESSMENT Assessment of Cognitive domain: Multiple Choice, Binary Choice, and Matching and Constructed Response type, Completion type, Short-Answer type and essay type Items as tools of Assessment nature, advantages, limitations and guidelines for their construction and scoring. Assessment of affective domain: Observation, Interview, Rating scale, Check-lists,, Inventories as tools of Assessment- their uses and preparation. Assessment of conative Domain: Projects, Assignments, work sheets, practical work to Grade a performance-based assessment.	September	Lecture Based teaching learning Project Given

SECTION-C DEVELOPMENT OF TOOLS FOR ASSESSMENT Steps of Construction of a Test: What, Why and How to Assess, Planning, Preparation, Try out and Evaluation.		
Characteristics of a good tool of Evaluation: Validity, Reliability, Objectivity, Usability. SECTION-D ISSUES AND TRENDS OF ASSESMENT Existing Practices of Assessment: 1. Class Test, Unit tests, 2. CCE 3. Grading and Choice based Credit System, half- yearly and annual examinations, Board examinations, Entrance tests, Open book Examination and Online Examination,	October	Classroom Discussion Lecture Based teaching learning Assignment Given
Issues and Problems in Assessment: 1. Marking Vs Grading 2. Non-detention policy,	November	Lecture Based teaching learning (Doubt Clearing Session)

Objectivity Vs Subjectivity 3. Impact of entrance test and public examination on teaching.		
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Course outcome

CO.1	Understand the concept of assessment and its role in teaching-learning process.
CO.2	Develop the skill of assessing various Cognitive, Affective and Conative domains of Learning

Teaching Plan Session 2025-26 Odd Semester

CLASS: B.A.B.Ed. Sem VII

SUBJECT: Policy Framework and Contemporary issues in Indian Education

Faculty Name: Mrs. Rachana Kumari Rahlan

TOPIC	DURATION	TEACHING TOOLS
EDUCATION COMMISSIONS AND POLICIES a) Education Commission & Recommendations: University Education Commission (1948-49); Secondary Education Commission (1952-53) b) Indian Education Commission (1964-66); National Policy on Education 1986 with Programme of Action 1992, NEP (2020). c) Regulatory bodies: NCERT, NCTE, SCERT – Status, Structure &	July-August	Lecture cum Discussion Method

Functions		
INDIAN CONSTITUTION AND CONTEMPORARY INDIAN SOCIETY a) Constitutional Provisions of Education in India, Preamble, Fundamental Rights and duties and constitutional values in context to education. b) Understanding and Addressing Diversity in Indian society: Nature, Challenges and Role of Education, Linguistic, Regional and Religious Diversity c) Role of Education in addressing the needs of Marginalized groups in Indian society: SC/ST/OBC, Women, Rural and remote region	September	Lecture cum Discussion Method
CONCERNS AND ISSUES a) National Curriculum Framework 2005- philosophy, characteristics and implementation b) RTE Act 2009 and its implications c) Current Issues in Indian Education: i. Programmes on Universal Elementary Education (Mid day meal & SSA) ii. Universalisation of Secondary Education (USE): issues and concerns (RMSA)	October	Discussion Method and Problem Solving Learning
HUMAN RIGHTS EDUCATION a) Human	November	Group Learning and Lecture cum Discussion

Rights: Concept(national and international context), Types b) Human Rights Education: Meaning Significance, Need c) Human Rights perspective in curriculum, teaching- learning Processes and school ethos and culture		
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Course outcome

CO.1	Understand the commissions and Policies related to education
CO.2	Understand the various Constitutional provisions associated with Education
CO.3	Understand the contemporary issues associated with Education
CO.4	Understand the role of education in addressing inequalities in Indian Society

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem VII
SUBJECT: Education and Development
Faculty Name: Ms. Shobha

TOPIC	DURATION	TEACHING TOOLS
SECTION–A EDUCATION FOR DEVELOPMENT a) Education for development of responsible citizens b) Education for Democracy and secularism Education for secularism SECTION–B	July-August	Lecture Based teaching learning Individual Learning

a) National Integration Role of Education		
b) International Understanding and Role of Education		
SECTION–C	September	Lecture Based teaching learning
a) Education for Multiculturalism b) Changing aims of education and Interaction of education and culture in the context of Globalization		Individual Learning
SECTION–D	October	Lecture Based teaching learning
a) Education for a sustainable development b) Role of values in sustainable development in the changing socio-cultural environment		
Revision and Class Test	November	Class room discussion

Course outcome

CO.1	Understand the relevance of education in relation to multicultural society
CO.2	Educate for democracy and integration

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem VII
SUBJECT: Pedagogy of Social Science
Faculty Name: Mrs. Shobha

TOPIC	DURATION	TEACHING TOOLS
SECTION–A 1. Methods of Teaching Social Science: Meaning, Characteristics of good teaching method for Social Science. 2. Lecture Method, 3. Project Method	July-August	Lecture Based teaching learning & Demonstration Assignments & Presentation by the students Peer Teaching
Socialized recitation method 1. Seminar 2. debate 3. Panel discussion 4. workshop 5. symposium 6. dramatization 7. Storytelling method (With special reference to behaviorism, cognitive & Constructivism learning theories).	September	Lecture Based teaching learning & Demonstration, Project Given
SECTION–B 1. Evaluation: Concept, Need and importance 2. CCE: Concept, techniques weight age distribution (VI to VIII, IX to X). 3. Types of Test: Essay Type Test, Short Answer Type Tests and	October	Lecture Based teaching learning & Classroom discussion (Doubt Clearing Session)

SUBJECT: Pedagogy of Punjabi
Faculty Name: Mrs. Ritu Gill

TOPIC	DURATION	TEACHING TOOLS
ਪੰਜਾਬੀ ਸਾਹਿਤ ਦੇ ਵੱਖ-ਵੱਖ ਰੂਪ, ਸਕੂਲੀ ਪਾਠਕ੍ਰਮ ਵਿੱਚ ਵੱਖ-ਵੱਖ ਰੂਪਾਂ ਦੀ ਪੜ੍ਹਾਈ ਸਾਹਿਤ ਦੇ ਰੂਪ ਵਿੱਚ ਕਵਿਤਾ ਸਾਹਿਤ ਦੇ ਰੂਪ ਵਿੱਚ ਕਹਾਣੀ ਸਾਹਿਤ ਦੇ ਰੂਪ ਵਿੱਚ ਨਾਟਕ ਸਾਹਿਤ ਦੇ ਰੂਪ ਵਿੱਚ ਇਕਾਗਰੀ ਸਾਹਿਤ ਦੇ ਰੂਪ ਵਿੱਚ ਨਿਬੰਧ ਲੋਕ ਸਾਹਿਤ ਰੂਪ ਸੁਹਾਗ, ਘੋੜੀਆਂ, ਸਿੱਠਣੀਆਂ ਲੋਕ ਸਾਹਿਤ ਰੂਪ ਢੋਲਾ, ਟੱਪਾ, ਬੋਲੀ, ਮਹੀਆਂ	July-August	Lecture Based Teacher Learning
ਸਕੂਲੀ ਪਾਠਕ੍ਰਮ ਵਿੱਚ ਮੀਡੀਆ ਦੀ ਭੂਮਿਕਾ ਭਾਸ਼ਾ ਵਿੱਚ ਅਨੁਵਾਦ ਦਾ ਮਹੱਤਵ ਤੇ ਲੋੜ ਕਵਿਤਾ ਦਾ ਮਹੱਤਵ, ਉਦੇਸ਼, ਵਿਧੀਆਂ ਅਤੇ ਅੰਤਰ ਵਾਰਤਕ ਅਧਿਆਪਨ ਦਾ ਮਹੱਤਵ, ਉਦੇਸ਼, ਵਿਧੀਆਂ ਅਤੇ ਅੰਤਰ ਨਾਟਕ ਸਿੱਖਿਆ ਦਾ ਮਹੱਤਵ, ਉਦੇਸ਼ ਤੇ ਵਿਧੀਆਂ ਕਹਾਣੀ ਸਿੱਖਿਆ ਦਾ ਮਹੱਤਵ, ਕਹਾਣੀ ਸੁਣਾਉਣ ਦੀ ਕਥਾ, ਅਧਿਆਪਨ ਵਿਧੀਆਂ ਸੱਭਿਆਚਾਰ ਦੀ ਜਾਣ ਪਹਿਚਾਣ ਸੱਭਿਆਚਾਰ ਦਾ ਮਹੱਤਵ ਅਤੇ ਪਛਾਣ ਚਿੰਨ੍ਹ ਪਾਠਯੋਜਨਾ ਦੀ ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਉਦੇਸ਼ ਪਾਠਯੋਜਨਾ ਦੀ ਮਹੱਤਤਾ ਅਤੇ ਵਿਸ਼ੇਸ਼ਤਾਵਾਂ ਪਾਠਯੋਜਨਾ ਦੀ ਆਂਕੜਾਂ	September	Peer Teaching Lecture Based Teacher Learning
ਸੂਖਮ ਪਾਠਯੋਜਨਾ ਅਤੇ ਸਥੂਲ ਪਾਠਯੋਜਨਾ ਪਾਠਯੋਜਨਾ ਦੀ ਤਿਆਰੀ ਕੌਸ਼ਲ ਅਧਿਆਪਨ ਭਾਸ਼ਾ ਸਿੱਖਿਆ ਵਿੱਚ ਸਹਾਇਕ ਸਮੱਗਰੀ ਦਾ ਅਰਥ ਅਤੇ ਮਹੱਤਤਾ ਭਾਸ਼ਾ ਸਿੱਖਿਆ ਵਿੱਚ ਸਹਾਇਕ ਸਮੱਗਰੀ ਦੀ ਆਂਕੜਾਂ ਅਤੇ ਉਪਯੋਗੀ ਵਰਤੋਂ ਭਾਸ਼ਾ ਪ੍ਰਯੋਗਸ਼ਾਲਾ ਦਾ ਅਰਥ ਅਤੇ ਉਦੇਸ਼ ਭਾਸ਼ਾ ਪ੍ਰਯੋਗਸ਼ਾਲਾ ਦੀ ਮਹੱਤਤਾ ਅਤੇ ਵਰਤੋਂ ਦੇ ਢੰਗ ਮਾਤਭਾਸ਼ਾ ਪਾਠਪੁਸਤਕ , ਪਾਠਕ੍ਰਮ ਦੇ ਉਦੇਸ਼ ਮਾਤਭਾਸ਼ਾ ਪਾਠਪੁਸਤਕ ਅਤੇ ਪਾਠਕ੍ਰਮ ਦੀ ਮਹੱਤਤਾ	October	Group Discussion Lecture Method
ਮਾਤਭਾਸ਼ਾ ਪਾਠਪੁਸਤਕ ਅਤੇ ਪਾਠਕ੍ਰਮ ਦੇ ਸਿਧਾਂਤ ਪੰਜਾਬੀ ਸਿੱਖਿਆ ਲਈ ਮੂਲਾਨੁਵਾਦ ਅਰਥ ਅਤੇ ਵਿਧੀਆਂ ਨਿਰੰਤਰ ਵਿਆਪਕ ਮੂਲਾਨੁਵਾਦ ਦੀ ਧਾਰਨਾ ਪੰਜਵੀਂ ਤੋਂ ਦਸਵੀਂ ਤੱਕ ਅੰਕਵੰਡ ਅਤੇ ਮੂਲਾਨੁਵਾਦ ਲਈ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਰੂਪ ਅਤੇ ਪਰਤ ਦੀ ਸੂਚਨਾ	November	Peer Teaching Lecture Based Teacher Learning

Course outcome

CO.1	1. ਵਿਦਿਆਰਥੀ ਅਧਿਆਪਕ ਸਕੂਲ ਪੱਧਰ ਤੇ ਮਾਤਭਾਸ਼ਾ ਪੜ੍ਹਾਉਣ ਸਬੰਧੀ ਪੇਸ਼ਾਉ ਦੀਆਂ ਮੁਸ਼ਕਿਲਾਂ ਹੱਲ ਕਰਨ ਦੇ ਯੋਗ ਬਣਦੇ ਹਨ।
CO.2	2. ਵਿਦਿਆਰਥੀ ਅਧਿਆਪਕ ਅੰਦਰ ਸਿਰਜਨਾਤਮਕ, ਉਪਚਾਰਤਮਕ ਤੇ ਅਨੁਸੰਧਾਨਤਮਿਕ ਕੁਸ਼ਲਤਾਵਾਂ ਦਾ ਵਿਕਾਸ ਹੁੰਦਾ ਹੈ।
CO.3	3. ਵਿਦਿਆਰਥੀ ਅਧਿਆਪਕ ਨੂੰ ਲੋੜ ਅਨੁਸਾਰ ਵਾਲਾ ਪੁਸਤਕ ਦੀ ਵਰਤੋਂ ਕਰਨ ਦੀ ਆਦਤ ਪੈਂਦੀ ਹੈ।
CO.4	4. ਵਿਦਿਆਰਥੀ ਅਧਿਆਪਕ ਸਾਹਿਤ ਦੇ ਵਿਭਿੰਨ ਰੂਪਾਂ ਦੇ ਅਧਿਆਪਨ ਢੰਗਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਦੇ ਹਨ।
CO.5	5. ਵਿਦਿਆਰਥੀ ਅਧਿਆਪਕ ਮਾਤਭਾਸ਼ਾ ਦੀ ਸਿੱਖਿਆ ਦੇ ਉਦੇਸ਼ਾਂ ਅਤੇ ਸਿਧਾਂਤਾਂ ਦੇ ਸੋਝੀ ਬਣਦੇ ਹਨ।

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem VII
SUBJECT: Pedagogy of Hindi
Faculty Name: Mrs. Shobha

TOPIC	DURATION	TEACHING TOOLS
1. भाषायी कौशल: क. बोलचाल कौशल अर्थ, महत्व, उद्देश्य, कियाएं ख. लेखन कौशल-अर्थ, लेखनप्रक्रिया, महत्व, सृजनात्मक लेखन की विधियां 1. हिन्दीशिक्षण: 1. गद्य शिक्षण गद्य का अर्थ, उद्देश्य, सोपान विधियां ख. पद्य शिक्षण पद्य का अर्थ, उद्देश्य, सोपान, विधियां	July-August	Lecture Based teaching learning with examples Lecture Based teaching learning Discussion and Revision (Doubt Clearing Session)
व्याकरण शिक्षण:व्याकरण का अर्थ, उद्देश्य, महत्व, विधियां 2. नाटक शिक्षण:अर्थ, उद्देश्य, महत्व, विधियां	September	Lecture Based teaching learning
1. पाठ्य पुस्तक एवं पुस्तकालय:अर्थ, उपयोगिता, विद्यार्थियों की रुचि विकसित करने के उपाय । मूल्यांकन: अर्थ एवं परिभाषाएं, उद्देश्य, महत्व व अच्छे मूल्यांकन की विशेषताएं।	October	Lecture Based teaching learning & Classroom discussion Lecture Based teaching learning (Doubt Clearing Session)
1. दृश्य-श्रव्य साधन: अर्थ, महत्व, प्रयोग व प्रयोग में सावधानियां पाठ-योजना-अर्थ, महत्व, उद्देश्य सूक्ष्म शिक्षण कौशल अर्थ एवं पाठ योजनाएं	November	Lecture Based teaching learning & Classroom discussion Lecture Based teaching learning Demonstration

Course outcome

CO.1	वर्तमान संदर्भ में एक विषय के रूप में हिंदी के महत्व की समझ विकसित करना।
CO.2	छात्र शिक्षकों को सुनने, बोलने, पढ़ने और लिखने जैसे बुनियादी भाषा कौशल सिखाने और उन्हें संचार उद्देश्यों के लिए एकीकृत करने में सक्षम बनाना

Teaching Plan
Session 2025-26
Odd Semester
CLASS: B.A.B.Ed. Sem VII
SUBJECT: English
Faculty Name: Nitika

TOPIC	DURATION	TEACHING TOOLS
) Methods of Teaching English: Grammar Translation Method, Bilingual method and Direct Method. The Structural Approach, application of structural approach in the classroom. b) Situational Teaching and Communicative Language Teaching. Constructivist Approach to Teaching of English.	July-August	Lecture-based teaching, group teaching, and learning through problem-solving.
a) Continuous and Comprehensive Evaluation (CCE): Concept, technique and weightage distribution. Development of Language test. b) Educational significance and practical use of teaching aids in English. Essential Qualities of teaching aids with special reference to OHP, LCD Projector and Computer.	September	Lecture-based teaching, group teaching, and learning through problem-solving.
Lesson Planning: Need & Importance. Preparation of Macro lesson i) Prose	October	Lecture-based teaching, group teaching, and learning through problem-solving.

ii) Poetry iii) Grammar b) Composition Notice Writing Letter Writing Paragraph Story Writing		
a) Micro Lesson Skill of B.B Writing. Skill of Stimulus variation. Skill of questioning. Skill in illustrating with examples b) Language Laboratory its set up, uses and limitations. Language Games.	November	Lecture-based teaching, group teaching, and learning through problem-solving.

Course outcome

CO.1	To encourage reflective thinking and influencing students' perspectives based on readings.
CO.2	To help students connect the concepts from the book to broader academic discourse.
CO.3	To understand techniques and tools to be used while teaching a language
CO.4	To foster an appreciation for language
CO.5	To understand how proper grammar contributes to clarity, coherence and overall quality in written communication.

Teaching Plan
Session 2025-26
Odd Semester

CLASS: B.A.B.Ed. Sem VII

SUBJECT: Reading and Reflecting on Texts

Faculty Name: Mrs. Nitika

TOPIC	DURATION	TEACHING TOOLS
Ways of Developing Reading Skills: Reading aloud and Silent Reading; Extensive Reading: Study	July-August	Lecture-based teaching, group teaching, and learning through problem-solving.

Skills including using Thesaurus, Dictionary, Encyclopaedia. b) Types of texts related to education-empirical, conceptual, historical, policy documents, narrative texts, expository texts, ethnographies and field notes. c) i) Reading Resources: NPE-1986, NCF-2005 ii) Reflection on core elements in the above stated policy documents with respect to aim of education, pedagogy and evaluation		
Review and Evaluation of the following - Learning to Be (UNESCO Report) Learning without Burden Human development Chapter in Annual Economic survey (2014-2015)	September	Lecture-based teaching, group teaching, and learning through problem-solving.
a) Instructional Approaches for Developing Students' Concepts of Grammar, Punctuation, Spelling and Handwriting. b) Reading of school text books (Class VIII /IX) - social sciences, sciences, mathematics and languages. c) Reflection on core elements in the above stated school text books (Any one) with respect to gender, environment and health. (Prepare a Report).	October	Lecture-based teaching, group teaching, and learning through problem-solving.
PPT Presentation	November	Individual learning and peer group learning

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Course outcome

CO.1	Student able to know about the study skills
CO.2	Provide knowledge about the NCF 2005 and NPE 1986
CO.3	Provide theoretical as well as practical knowledge.
CO.4	Study of Dictionary and Encyclopedia
CO.5	Student able to gain knowledge about Types of Texts